SUNRISE SUNSET – *Millie's Divine Journey*

Many of you, who have read my autobiography SUNRISE SUNSET *Millie's Divine Journey*, are already aware that if Jeanne Sigel hadn't kept after me and insisted that I write a book, that book most likely would not have been written. It was Jeanne and Steve Sigel who introduced me to writing coach, Nicholas Checker. Up until that time, the only writing I had done was business writing: "Just the facts, Mam!" Business writing and manuscript writing are totally different!

Are you aware that everyday you awaken starts a new page in Your Story? We all have stories to tell. I really had not focused on that point. As Jeanne was encouraging me to write my story, we had talked about the history that we'd lived, while rising through the male-dominated business world, and how it needed to be shared with our youth to encourage them to dream big and to bring dreams to life.

Today, I am so grateful to Jeanne for being so insistent and helping me to write it all down. Since publishing on July 4th, 2021, I've been busy doing presentations on the book and that history to a wide variety of people both in person and via Zoom. Most recently, I had the pleasure of addressing one of the classes at Three Rivers Community College in Norwich for an hour and a half through their Adventures in Lifelong Learning Program. I must say, I prefer the in-person discussions with the engagement of the audience; because you get feedback, that is not available to you via Zoom.

It's been particularly challenging to promote the book in the midst of a worldwide pandemic. Fortunately, I've been able to be a guest on several public access TV shows, and received wonderful coverage in THE DAY newspaper.

My books are available from me, personally, online through Amazon.com in paperback and on Kindle, as well as locally in three shops: TITLE IX, 345 State St.; Studio 33, 140 Bank St.; and Blu-Prints Unlimited, 20 Howard St. ALL PROCEEDS go to benefit SAFE FUTURES, INC.