

Southeastern Connecticut WOMEN'S NETWORK NEWS



Volume 35, Number 1, November 2021

Upcoming EVENTS

- November 8, Monday, 12:00-1:30 pm – Mastermind Group Virtual Meeting See pages 1 & 2.
- November 10, Wednesday, 5:30-7:30 pm – N@N at I'd Waxx That See page 1.
- November TBD, 7-8:30 pm - Virtual Panel Discussion Series – Building Bridges See pgs 1 & 2.
- November 17, Wednesday, 11:30 am -1:15 pm - Monthly Luncheon! – Military Appreciation Luncheon and Victory for Veterans with Lori Marriott, Filomena's. See info on page 1.
- December 1, Wednesday, 5:00-7:00 pm – Business After Hours in Westerly, RI See flyer on page 3.
- December 15, Wednesday, 11:30 am -1:15 pm - Holiday Party Social, location TBD. See info on pages 1 & 2.

Zoom Network Mastermind Meeting Monday, Nov. 8, at 12 noon via Zoom

Visiting a Network Mastermind group is a great way to get to know Network members better and build relationships and connections. If you would like to attend the next meeting on **Monday, November 8 at 12-**

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November 17, Monthly Luncheon Meeting

Military Appreciation Luncheon — Lori Marriott — Easter Seals/ Veterans Rally Point — "Victory for Veterans"

Join us Wednesday, November 17, 2021 at 11:30 am for our monthly luncheon meeting at Filomena's Restaurant in Waterford. \$20 members and non-members, includes gratuity and tax. Register online and pay online or cash only at Filomena's.

Lori Marriott serves as Senior Director of Military Services at Easterseals – Veterans Rally Point. She was the first member of the Veterans Rally Point team in March 2018.

She oversees the Women's Veterans Initiative, The Peer Support Programs, and the Caregiver Retreats for our Military & Veteran Family programs. She is a key player in the process surrounding the \$2.5 million state bond grant for the build-out of an 18,000 sq ft

"Veterans Rally Point Center of Excellence" in Norwich, CT.

"Victory for Veterans" Program

Please bring your donation items to the November 17th luncheon. All items will be donated to Easter Seals Veterans Rally Point for distribution to local Veterans in need.

All items are needed for both men and women:

- Socks
- Packages of underwear

Click below to read more, add event to your calendar or register. <https://sectwomensnetwork.org/event-4512561>



N@N, Wednesday, November 10, 5:30-7:30pm

Network @ Night, Wednesday, November 10 from 5:30-7:30 pm, \$5 cash, hosted by Deb McGrath of Backyard Bracelets and Nicole Giansanti of I'd Wax That, at 277 Main Street, Niantic, CT 06357. Click to register, maximum 40 people.

<https://sectwomensnetwork.org/event-4532211>

December 15, Holiday Party Social – 11:30 am

Join Us Wednesday, December 15, 2021 at 11:30 am for our Holiday Party Social, \$20 for members, \$20 for non-members, includes gra-



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Upcoming Events



Panel Discussion Virtual Series – Building Bridges Date TBD

November TBD, 2021... The South-eastern CT Women’s Network is sponsoring a virtual panel discussion Link to come.

Mastermind...from page 1

1:30pm. Click and please register. <https://sectwomensnetwork.org/event-4512540>

Holiday Party...from page 1

tuity and tax. Holiday Party Social! Yankee gift swap (suggested \$20 value), wear a silly sweater, spend time with friends, network for the New Year! Location details TBD, more info to come!

Click to read more or register.

<https://sectwomensnetwork.org/event-4550141>

President’s Message

Happy Thanksgiving!

November is a time when most people take a few minutes to find gratitude in their everyday lives. This month, before we start moving into the holiday season with Thanksgiving, please take a moment to think about our freedoms. We are currently the land of the free because of the brave. Remember to thank a Veteran for their service to our country. Approximately one percent of our country’s population has served or is currently serving in the U.S. Military.

This month in recognition of Veteran’s Day, Lori Marriott of Veteran’s Rally Point is our guest speaker. Our Network is supporting Veteran’s Rally Point in Norwich by collecting critically needed clothing items for local Veterans. We will have a “collection box” for our Veterans Clothing Drive at our next luncheon. Please bring gently used clothes or new socks & underwear for the collection box. Please see



the list of needed items for Veterans.

We will continue to maintain a virtual presence, allowing our members to join in from work or home. Building Bridges continues, usually the second Thursday of the month (November TBD), and Safe Futures will soon have more virtual presentations. We also plan to start additional short term virtual series, such as leadership and women’s wellness. Do you have ideas for a new series? Would you like to be a speaker or host a “Network at Night”? Let us know!

Finally, have a wonderful Thanksgiving with your family and friends

Denise Howard
President

**Your marriage was complicated...
Divorce doesn’t have to be.**



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and to register

www.EventsByAnne.com

INVITATION FOR YOU!

Unique Networking Opportunity & Expo!

In celebration of our 31st Anniversary, ServiceMaster By Mason is hosting a **joint Business After Hours event** with the Charlestown Chamber of Commerce, Ocean Community Chamber of Commerce, and Southeastern CT Women's Network on **December 1st**, and wanted to invite you to join us!

Meet Ocean Community, Charlestown Chamber & SECTWN members as well as other Southern Rhode Island and Southeastern Connecticut professionals! Enjoy delicious refreshments, cake & champagne toast, fantastic raffle & giveaway items, and a mini-expo showcasing a variety of businesses, including:

- Tapped Apple Cidery & Winery
- Mystic Sweet Shop
- Whalers Brewing Company
- Wood River Health Services
- Remy's Cycle & Ray Willis Toys
- Washington Trust
- Lathrop Insurance
- KNEAD Donuts
- Cartridge World Rhode Island
- Susan Napiany/Pampered Chef
- Pawcatuck Neighborhood Center
- Arrowhead Dental Associates
- The Granny Squibb Co. & more!

Buff-up your Bling! ServiceMaster By Mason will be providing FREE jewelry cleaning!

Bring plenty of business cards! Great networking opportunities!

Where: ServiceMaster By Mason, 12 Gavitt Avenue, Westerly RI

When: Wednesday, December 1, 2021

Time: From 5:00pm to 7:00pm

To provide support to the Jonnycake Center of Westerly and the Pawcatuck Neighborhood Center, we are asking all attendees to **please bring a nonperishable food item** to benefit their food pantries, and those in need in our communities. ServiceMaster By Mason will be matching all food donations.

Join us as we celebrate our 31st Anniversary, a hopeful holiday season, and more importantly, our community strength and resolve!

<https://sectwomensnetwork.org/event-4553810>



ServiceMaster by Mason

To RSVP:

Please register on the Events Page at:

www.sectwomensnetwork.org

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SECT Women's Network Woman of the Year 2021

Deb McGrath introduced the SECT Woman's Network Woman of the Year at the October luncheon with these words.

"Good Afternoon everyone. My name is Deb McGrath and I am your 2020 Southeastern Connecticut Women's Network Woman of the Year. Representing the do-gooders of our Network truly has been an Honor. Whether its plastered on social media or done with quiet grace, doing things for our community does not go unnoticed.

Every year we all put on our thinking caps and ponder who the best of the best is. The woman amongst us that is capable of saying no but genuinely and wholeheartedly says yes to helping her colleagues, her friends and her community.

"We consider those previously "crowned" Woman of the Year and think to ourselves, wow, those are amazing individuals and we dig deep from our hearts and nominate yet another Network Member that goes above and beyond.

"For those of you that don't know or need a reminder; The Network Woman of the Year must be an active member of the Southeastern Connecticut Women's NETWORK, attending luncheons and participating in other functions. She may be a former, but not a current member of the Board of Directors or its Executive Board.

"She must be active in her community and within other professional organizations. She also must express an interest in helping other women and men achieve professional status and public exposure

through networking in the community.

"This year's unanimously voted Woman of the Year is no slouch when it comes to giving her time well under the radar simply because she does good to do good, not for the credit. She has been very involved in the Network over the past couple of years, she has offered her time and energy to lead in person and virtual luncheons, offering valuable information about personal finance, retirement planning and her fascinating work and experiences.

"She has flexed and pivoted during COVID, taking her in-person national speaker and author businesses to the virtual world, and has succeeded. But not only has she continued to make money during these challenging times, she has also made masks. Hundreds of masks, early on in the pandemic, she sewed night and day, until she ran out of materials, then bought more fabric and elastic, and made more masks. She didn't have to do that, we suspect it was her way of taking care of people, and helping herself to stay busy and sane when everything she knew was changing.

"By now some of you must know the 2021 Southeastern Connecticut Woman of the Year is Nancy Butler.

"Nancy, come on up.

"Nancy is the treasurer for the



Soroptimist CT Shoreline Club. Through Soroptimist she was chosen to go to the United Nations twice in March to be part of the annual Commission on the Status of Women. She met women from all over the world and connected with them to provide online financial training and more. Because of those connections she was invited to speak at a conference in Ghana this fall.

"We'd like to share a note that perfectly describes our Woman of the Year. A note from Susan Dombrowski, 'Nancy Butler has been a beacon of light and hope this past year, one I didn't know I needed to see, and I sure didn't expect my comfort to come from a retired financial counselor. But once again, the Network proves we, as women, are way more than just what our business card says.'

"Ladies and Gentleman, please join me in congratulating Nancy Butler our 2021 Southeastern Connecticut Woman of the Year."

New Members

Marilyn Vache, Marilyn J. Vache MD LLC, , 142 Plant St., New London, CT 06320 Phone: 512-458-1000
Email: marilyn.vache@gmail.com

A newcomer to the area, Marilyn is eager to find businesses, causes and services to support. She also wishes to advocate and educate around her interests and medical practice.

Members on the Move

Judy Ricketts-White and **Harriet Goodman Grayson** will be hosting "Literary Salon" at Filomena's in Waterford on Friday, November 10 from 6pm-8pm. Authors and public are welcome. Author's will read a selection from your book and we'll discuss. Books will be available for purchase. Attendance is Free, we will order food and beverages. A head count is needed. RSVP to Judy, jwhite5506@sbcglobal.net.

Harriet Goodman Grayson and **Judy Ricketts-White** will be signing books at Equine Affaire on Friday & Saturday, November 12 & 13, from 1pm-7pm, at the Taborton Book booth in the Better Living Center. Harriet will be signing her new book "Rockaway Riptides"

about high school teens during the turbulent 1960s and her Sasha Perlov mystery series books.

Judy will be signing her "Slater Mountain" books, adventures about a girl, her horses, family and friends, and "Count Me Never Lost," poetry by Elizabeth M. Ricketts. Contact jwhite5506@sbcglobal.net or harriet@oceanbreezeexpress.net



The SECT Women's Network provides great value to its members! **As a Network member you may:**

- **Attend and enjoy** a deliciously prepared lunch at monthly meetings in an uplifting atmosphere for a very reasonable luncheon fee.
- **Take advantage** of the dynamic speaker program at the monthly luncheons that provides valuable information, networking and entertainment.
- **Choose** to attend Network Mastermind Group meetings – be mentored and mentor others.
- **Display** marketing materials on the member marketing table at the monthly luncheons.
- **Enter** our monthly luncheon drawings to win free advertising.
- **Receive** our monthly newsletter.
- **Be listed** in the Network Directory

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Newsletter advertising: \$100 small ad and \$200 large ad.

Website advertising: \$275 small side ad or a bottom banner; \$550 for a large side ad.

Package deals are offered when purchasing multi-media ads (i.e. newsletter & website) = 20% off.

All ads and package deals must be prepaid. **Members can login to view and/or purchase ads:**

www.sectwomensnetwork.org/events

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WE Want YOU!

We Need Your Help!

Please join a committee! Committees are a great way to finally “put a name with the face!” Committees and positions include Videographer, Public Relations, Social Media, Programming, Sales and Marketing, Membership, Community Outreach, Master Class Series, Facebook, Instagram, LinkedIn and YouTube. Will you accept the challenge? Please reach out to any board member if you would like to join a committee. Committees are meeting virtually and we want to be ready now that we are having luncheon meetings again in person. Thank you!



Email information to Judy Ricketts-White to be included in the upcoming newsletter, jwhite5506@sbcglobal.net.

Copy Deadline is the 20th of the month to appear in the next month's issue. Email copy to Editor Judy Ricketts-White at jwhite5506@sbcglobal.net. The SECT Women's Network reserves the right to edit copy submitted (for any reason) for inclusion in the newsletter.

For more Network information and articles see our website: www.sectwomensnetwork.org

Keep Safe Futures in Mind

Please go online to see if you can help Safe Futures and their residents. Please donate cleaning supplies...or any item listed on their wish list. Click on link to view their entire wish list. <https://safefuturesct.org/item-donations/>

Thank you for your generosity!

***Important Network Notice!**

The updated printable online membership directory with business categories is now available.

Please check out and use this fabulous membership benefit!

 [Like us on Facebook](#)

Join and Post to the Network's Facebook Group Page

One fairly untapped member benefit is the Network Facebook Group page. We encourage you to share your business and personal news on the Network Group page. Members must post their event or information on the Network Facebook Group page themselves. If you have questions about how to post, contact Denise Howard, Publicity Chair bestwellness4you@gmail.com.

Network Board Meeting Friday, November 12

The next Network Board Meeting is Friday, November 12, 8 am, via Zoom.com. All members are welcome to attend.

In Person - Monthly Luncheon Military Appreciation - Lori Marriott - Veterans Rally Point - Victory for Veterans

Wednesday, November 17, 2021

at Filomena's, 11:30am,

Please register online. Pay online
or pay cash at Filomena's.

Click to register

[https://sectwomensnetwork.org/
event-4512561](https://sectwomensnetwork.org/event-4512561)

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