

# Southeastern Connecticut WOMEN'S NETWORK NEWS



Volume 31, Number 7, May 2018

## Upcoming Programs May 2018 Luncheon

### June 20

#### **Installation of Officers and Presentation of Awards**

Join in the fun as awards for this year are presented, and meet your new Officers and Board Members. ■

### July 18

#### **First Annual SECT Women's Network Picnic**

A fun, summer picnic is being planned with special food and activities. Join us for this *first ever event!* ■

### August 15

#### **Thinking Outside the Box - Gregg Barratt**

Gregg T. Barratt is an experienced Human Resources leader and a nationally recognized professional in the training and organizational development field. He is certified in the use of the Myers-Briggs Type Indicator, The Career Architect, Situational Leadership, Thomas Kilman Conflict, and in the Rummler-Brache Process Mapping Method, as well as in an extensive range of professional and personal development programs. He is also certified as an alternative dispute mediator.

Gregg is highly proficient in developing and implementing innovative recruitment and retention strategies. ■

## **Business Doesn't Have to Feel So Hard**

**Join us** Wednesday, May 16, 11:30 am at Langley's Restaurant at Great Neck Country Club for our monthly luncheon meeting.

Creative Business Strategist, **Liz Dederer**, will share her powerful strategies on how to earn more in less time while doing what you love. Liz has been featured on the international Women and Money Summit for her innovative approach using The 8 Languages of Money™ for team building, leadership, sales and marketing, helping clients triple their revenue. ■

Network attendees should arrive at **Langley's Restaurant** in Waterford at 11:30 am for registration and networking, lunch at 12 noon. The public is welcome. **Reservations are required.**

**All attendees: please make your**

**reservations** or cancellations for the Wednesday, May 16 luncheon online 24/7 **by 12 midnight,**

**Sunday, May 13.** <https://sectwomensnetwork.org/events>

**\*Note price change.**

Cash or checks for **\$25** made out to the Women's Network will be collected at the door. **Reservations after 12 midnight on Sunday will pay \$30. Reservation no-shows and late cancellations will be billed.**



### **\* Online Member Directory is Live!!!**

**1. Please click, login and update your member profile information today.** <https://sectwomensnetwork.org/Sys/Login> **The online member directory was made visible to the public as of 2-1-2018.** Make sure the public sees the information you want them to see.  
**2.** Click "Edit Profile" to make changes to your profile information.  
**3.** Make sure there is a short statement in the **"Brief Statement"** box. The system requires this in order to save your changes.

If there is already information in your brief statement you do not need to add anything. Then click **"Save"**.  
**4.** Stay logged in, click on **"Privacy"**. This will show all the items in your profile and the visibility status of each item (who can see what).  
**5.** Stay logged in, and click **"Edit Profile"**. This will give you the ability to change who can see each piece of your information. You can change each item via the radio buttons. Click **"Save"** and you're done.

## Proposed Changes to SECT Women's Network Bylaws

Please review the proposed changes to the SECT Women's Network bylaws. These changes have been proposed by the Board and will be voted on at the May luncheon. [Click here to review bylaws.](#)



The SECT Women's Network provides great value in benefits to its members!

### **As a Network member you may:**

- **Attend and enjoy** a deliciously prepared lunch at monthly meetings in an uplifting atmosphere for a very reasonable luncheon fee.
- **Take advantage** of the dynamic speaker program at the monthly luncheons that provides valuable information, networking and entertainment.
- **Choose** to attend Network Mastermind Group meetings – be mentored and mentor others.
- **Display** marketing materials on the member marketing table at the monthly luncheons.
- **Enter** our monthly luncheon drawings to win free advertising.
- **Receive** our monthly newsletter.
- **Be listed** in the Network Directory and gain "Featured Member" exposure.
- **Increase** business with affordable advertising and marketing opportunities.
- **Connect** with others on a personal and business level and form mentoring relationships.
- **Gain** professional skills and leader-

### *President's Message*

## Did You Know...

Did you know that supporting the Network also helps support our community?

Every year we give a \$1,000 scholarship to Three Rivers Community College, Eastern Connecticut State College, and UConn at Avery Point. It is my pleasure to present this year's first scholarship at Three Rivers Community College on May 2nd. It is a wonderful event and very well-attended with other community leaders. You can feel the excitement in the room as the students are honored for their achievements. The scholarship winners are also given a free one-year membership to the Network. In addition, we invite each scholarship winner to attend a luncheon and come forward to speak, if they choose. Perhaps you have attended one of these luncheons to hear them speak.

One former scholarship winner was so grateful, she has been donating \$25 a year to our scholarship fund for many years in order to give back to help another student. We are grateful that we can continue to offer these scholarships.

Another one of our community partnerships is with Safe Futures. You helped support a \$10,000 donation a few years ago, and every holiday you help support by donating needed items or giving cash. Please note that we have a large purple basket on the side table at the luncheons for Safe Future donations.

Thank you for supporting each other and our community!

Warmest Regards,  
*President*  
Patti Rodgers-Longo

ship experience.

- **Give back** to the community through supporting Safe Futures with donations of food and gifts for use by residents of both the Genesis House Women's Shelter and Phoenix House transitional housing.
- **Support** our student scholarship program. The Network awards annual scholarships to students needing financial assistance to continue their education and has helped students from each of the three local public colleges/universities: The University of Connecticut at Avery Point, Three Rivers Community College, and Eastern Connecticut State University.
- **Get involved** by volunteering on a committee and help to create the Network of the future. The Network needs your talents.
- **Enjoy a Lifetime of Fantastic Friends, Fun and Fulfillment!** ■

## Network Mastermind Groups

The concept of the Mastermind Group originated in the early 1900's in Napoleon Hill's book "Think and Grow Rich." He defined the Mastermind principle as: "coordination of knowledge and effort by two or more people, who work toward a definite purpose in the spirit of harmony."

There is synergy of energy, commitment and excitement that participants bring to a Mastermind Group. The beauty of the Mastermind format is that participants raise the bar by supporting each other to achieve professional objectives, brainstorm ideas, and support each other with total honesty, respect and compassion. Mastermind participants act as catalysts for professional growth.

*Continued on page 3*

## Mastermind Groups...from page 2

Participation in the Network Mastermind program is voluntary and free as part of your Network membership. It is a growing, evolving program intended to give Network members an opportunity to connect and support each other even more intimately in achieving personal and professional objectives.

### \*Members Enter to Win Free Advertising

The drawing basket for free advertising will be placed at the registration table. Members only may place their business card in the basket for a chance to win free advertising. Attend a luncheon and enter to win!

*Must be present to win.*

### Grow Your Business with Network Advertising

New advertising opportunities have opened up with the creation of our new website system!

Now members can take advantage of the **new economical rates** to help **"Grow Your Business!"**

**Rates have been cut in half** for newsletter ads and website ads. All ad rates listed are for one year.

**Newsletter advertising:** \$100 small ad and \$200 large ad.

**Website advertising:** \$275 small side ad or a bottom banner; \$550 for a large side ad.

**Package deals** will still be offered when purchasing multi media ads. Choose any 2 different media (ie. newsletter & website) = 20% off. All package deals must be prepaid.

**Members can login to view and/or purchase ads:** <https://sectwomensnetwork.org/events>  
Ads will be published after they are purchased.

Network members who are unable to attend regular luncheon meetings find the Network Mastermind groups a great way to connect and participate with other Network members. The only cost is the price of your meal and drinks.

Mastermind groups meet once a month. Pavé Group meets the second Monday of the month from 5:30 p.m. - 7:30 p.m. in Waterford. Meeting dates are standing dates, but are subject to change.

Groups range from three to fifteen members. Participants support each other to achieve professional objectives and brainstorm ideas with total honesty, respect and compassion.

Commitment is important.

Anyone interested in Mastermind is encouraged to visit a group meeting. An RSVP is required.

For more information about or visiting our Mastermind group, please contact Judy Ricketts-White [jwhite5506@sbcglobal.net](mailto:jwhite5506@sbcglobal.net).

## April Drawings

Mary Watrous's name was drawn for the Ha Ha Lunch – and Ha Ha, she wasn't there! Beth Markowski-Roop won the cash. Deb Tavernier won the *Spotlight* article and Carol Ryall won the *Resident* article. Nancy Butler won the Cameo Table to showcase *Above All Else* at the May 16, 2018 luncheon.



### WE NEED YOU

**We need you!** Join the Public Relations Committee! Calling all Social Media gurus! Do you have a

strength in Instagram, Facebook, Twitter or LinkedIn? We need your help on the Public Relations Committee. We also need help with Press Releases, Chamber Updates, and interaction with other media outlets. Pick one and volunteer your assistance! Contact: Denise Howard [bestwellnes4you@gmail.com](mailto:bestwellnes4you@gmail.com).

## Upcoming Events at Safe Futures

**Spring** – Light the Way Annual Event - TBA

**Summer** – Safe Futures Charity Golf Tournament  
Thursday July 19, 2018  
Great Neck Country Club,  
Waterford

**Fall** – In honor of Domestic Violence Awareness Month  
Safe Futures Power of Purple 4K Walk  
October 2018  
Crystal Mall, Waterford

**Winter** – Holiday giving program  
November-December 2018

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## Members on the Move

**Emma Palzere-Rae** recently played Mother Miriam in Madison Lyric Stage's production of *Agnes of God*.



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MAKING SENSE OF INVESTING

## Featured Business at Cameo Table

Nancy Butler will be showcasing "Above All Else, Success in Life and Business" at the May 16, 2018 luncheon. Please stop by the table to meet Nancy and learn more about the services she offers, [www.aboveallemore.org](http://www.aboveallemore.org).



[Like us on Facebook](#)

## Join and Post to the Network's New Facebook Group Page

One fairly untapped member benefit is the Network Facebook Group page. We encourage you to share your business and personal news on the Network Group page. Members must post their event or information on the Network Facebook Group page themselves. If you have questions about how to post, contact Denise Howard, Publicity Chair [bestwellness4you@gmail.com](mailto:bestwellness4you@gmail.com).

*Email information to Judy to be included in the upcoming newsletter, [jwhite5506@sbcglobal.net](mailto:jwhite5506@sbcglobal.net).*

## Network Board Meeting Friday, May 11

The next Network Board Meeting is Friday, May 11, 8 am, at Chelsea Groton Bank, 904 Poquonnock Road, Groton, Connecticut. Attendees must be prompt for admittance, door is kept locked. All members are welcome to attend.

**Copy Deadline** is the 20th of the month to appear in the next month's issue. Email copy to Editor Judy Ricketts-White at [jwhite5506@sbcglobal.net](mailto:jwhite5506@sbcglobal.net). The SECT Women's Network reserves the right to edit copy submitted for inclusion in the newsletter.

**For more Network information and articles see our website: [www.sectwomensnetwork.org](http://www.sectwomensnetwork.org)**

**All Attendees:** make reservations online for the Wednesday, May 16, 2018 luncheon at Langley's Restaurant, Great Neck Country Club in Waterford, CT at <https://sectwomensnetwork.org/events> no later than 12 midnight, Sunday, May 13, Reservations are required.


Reservation no-shows and late cancellations will be billed.



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