



★ ★ **Help Us** ★ ★  
★ ★ **Launch Our** ★ ★  
**New Network**  
**Online System!**

**Membership Renewal Notices** have been emailed to members. (New members joining in 2016 have not received their emails yet, but will shortly.) The first email contains online instructions and the second email contains your login and password information. You will need this information to login.

Please use these as your guide to renew your membership, purchase ads, and reserve and pay for the June luncheon. You can register and pay for a guest also. The new system and payment processing is extremely secure. Members who renew *online* by June 15, will be entered into a drawing to win a free lunch. The renewal deadline to appear in the printed directory is July 20.

**Members Only: please renew your membership and register for the luncheon online by clicking the orange link below.**

<https://sectwn.wildapricot.org/>  
Also, add this link to your contact list to be sure to receive mailings. *Non-members use link on right column.*

If you have problems, contact [SECTwa\\_Admin@SECTwomensnetwork.org](mailto:SECTwa_Admin@SECTwomensnetwork.org). There will also be help to walk you through the process at the June luncheon.

*Thank you for your membership and your help during this transition!*

## **June Luncheon**

# **Installation of Officers and Presentation of Awards**

**Join us** Wednesday, **June 15** at 11:30 am at Langley's Restaurant at Great Neck Country Club for our monthly luncheon meeting.

Join in the fun as awards for this year are presented, and meet your new Officers and Board Members for the coming year.

### **Officers 2016-2017**

Kathy Greene, *President*  
Patti Rodgers-Longo, *Vice President*  
Carol Burgess, *Secretary*  
Donna Parrotte, *Treasurer*

### **Board Members 2016-2017**

#### **Three Year Term**

Ken Duenzl  
Kathy Pooler  
Andrea Wolfe

#### **Two Year Term**

JoAn Collins  
Denise Howard  
Nancy Mottola

#### **One Year Term**

Pam Atkins  
Claire Silva  
Sheree Sirpenski

### **Alternates**

Kate Bellandese  
Eunice Lima-Brooks  
Karen Martin

### **Members at Large**

Judy Ricketts-White

### **Immediate Past President**

Phyllis Nelson

Network attendees should arrive at **Langley's Restaurant** in Waterford at 11:30 am for registration and networking, lunch at 12 noon. The public is welcome. **Reservations are required.**

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**Nonmembers: please make your reservations** or cancellations for the Wednesday, **June 15** luncheon online 24/7 at [www.sectwomensnetwork.org](http://www.sectwomensnetwork.org) **by 12 midnight, Sunday, June 12.**

\* Note change in time for deadline.

**Members use the link on left column.**

Cash or checks for **\$22** made out to the Women's Network will be collected at the door. **Reservations after 12 midnight on Sunday will pay \$27. Reservation no-shows and late cancellations will be billed.**

## **Upcoming Programs**

### **July 20 – Non-Verbal Communication, Understanding it to Help Your Business – Claire Silva**

Can Understanding Body Language and Culture Help You Get More Customers?

Everyone wants more customers/clients, but we often shy away from those with limited English, or those that are harder to communicate with. Understanding body language,



*continued on page 2*



## Save the Date

*"Through the Years"*

**40th Anniversary Celebration**

**September 30, 2016**

**Friday, 6-10 pm**

**at Langley's**

*at Great Neck Country Club*

**Tickets are available to purchase at the monthly luncheons.**

**\$40 per person**

**Cash or check only**

**Please see Deb McGrath**

**To purchase Sponsorships or Ads for this event, please see the Schedule Form on the third page.**

## Upcoming Programs

**Non-Verbal Communication...***from page 1*

knowing cultural differences and tuning in to our own instincts can help us break down barriers and quickly build relationships. Claire Silva will present this topic and help us provide one more way to better customer service.

## August 17

### Branding Workshop – Jessica Vargas

Jessica Vargas is providing a presentation on the basic principles of marketing and branding for small to medium sized businesses. She takes the principles that larger companies use and shows how local companies can make those principles work for them. The four key elements to making any advertising and marketing campaign successful will also be addressed. Learning how to continue to grow our businesses through this Branding Workshop is important in today's economic climate.

### President's Message

## Transitions in Leadership and Online Operating System

It is hard for me to believe that this is the last President's Message I will write for our newsletter. I am grateful for having had this opportunity to serve this esteemed group of individuals. Each one of us brings an immeasurable list of gifts and talents, which most offer in the service of the Network, but when we put it all together, we are a force for good in Southeastern Connecticut.

I have been a Network member for about nine years and have actively participated with committees and the Board for about seven years. We have been through many changes in that time, helping to make the Network and its operations better and stronger. We are an all-volunteer army in a world that seems to get busier by the day.

Many of us are getting older and for our Network to continue, we need to cultivate an environment of growth; a place where young women moving into adult life and careers will feel as though they are valuable and have something to offer. These are our daughters and granddaughters! The 2015-2016 Board of Directors stepped up to that challenge in extraordinary ways.

I have always enjoyed serving on the Board, and as biased as this may sound, I believe this was the best one ever! The commitment level and the willingness to take on time consuming and difficult aspects of the work we decided to do will solidify our ability to continue to grow well into the future.

You should have received an email inviting you to renew your membership online. This, among many other elements from our new Wild Apricot platform, will allow us to expand our "back

office" services, our member benefits and the welcoming look of our "front door" on the internet. This new platform will make it convenient to keep your member information up to date and to make and pay for reservations you make for the luncheons and special events. It also makes our Network user friendly to a generation of women who do all of their business online. Those who accept positions on our board or committees will find doing network business streamlined and less cumbersome. If you have any questions, concerns or need help, we are here for all of you. We want to lock arms with every member in an effort to not leave anyone behind.

We have a wonderful team of members led by Karen Martin, shepherding us through this yearlong process. Twenty five years in the business of developing custom information systems for businesses and organizations, she came to us with the skills we needed at just the right time. The rest of the team: Judy Ricketts-White, Kathy Pooler, Donna Parotte, Connie Plessman, JoAn Collins, Susan Dombrowski, Claire Silva, Ken Duenzl and Denise Howard, will be bringing their skills to bear as we continue adding all of the elements that will improve service to our members.

Thank you for the gift of serving as your president this past year. I am so happy to pass the torch to Kathy Greene! She will bless us with her caring, thoughtful leadership as we step into our 41st year. Let's finish our 40th with a bang at our Give Back event in June and at our gala in September!

*President  
Phyllis Nelson*

### Special 40th Anniversary Event – "Give Back Fundraiser"

The 40th anniversary committee is hosting this event on **Monday, June 13th**, 5:30-7:30 pm at Filomena's Restaurant in Waterford. This will be a raffle basket fundraiser with networking. Cost is \$5 donation at the door. Proceeds to benefit Safe Futures and our Scholarship Fund. Hors d'oeuvres will be provided and attendees can order off the menu. Members and nonmembers [Click here to make a reservation.](#)



## **SOUTHEASTERN CONNECTICUT WOMEN'S NETWORK MEMBER SPONSORSHIP & AD SCHEDULE 40TH ANNIVERSARY YEAR-LONG CELEBRATION**

### **\$1,000 Sponsorship Benefits:**

- Priority reserved table for 10 people at Gala with business name on table
- Company logo displayed on PowerPoint presentations during events
- Priority recognition with logo in publications and marketing materials
- Company logo on event program
- Full page ad in event program (5" W x 8" H)

### **ADS:**

- |  |         |
|--|---------|
| • Full page (5" W x 8" H) Camera ready     | \$80.00 |
| • One-half page (5" W x 4" H) Camera ready | \$40.00 |
| • Business Card size Camera ready          | \$25.00 |

**Business Name:** \_\_\_\_\_

**Contact Person:** \_\_\_\_\_

**Business phone** \_\_\_\_\_ **Cell phone** \_\_\_\_\_

**Address** \_\_\_\_\_

\_\_\_\_\_

**NOTE: All ads and sponsorships DEADLINE: September 9, 2016**

**Checks Payable to: SECT Women's Network**



**Send to: Mildred E. Devine**  
**Box 42**  
**Quaker Hill, CT 06375-0042**  
**Email: [mildred.devine@snet.net](mailto:mildred.devine@snet.net)**  
**Telephone: 860-442-2030**



## 2016 Network Scholarship Recipient – Danielle Spada

Danielle Spada thanked SECT Women's Network for receiving her scholarship at the May luncheon.

Danielle is a third year student who is in the Nursing program at Three Rivers. She maintains a 3.66 GPA while working and being incredibly engaged on campus. She is one of the most involved student leaders on campus. She sits on the executive board of Student Government and is the Chair of the Campus Activity Board. She plans and executes monthly large scale campus events often single-handedly. She is Vice President of both Phi Theta Kappa and the National Society of Leadership and Success. She is also a student worker for the President's office. She is one of five children, so finances can be tight for the Spada family and Danielle tries to alleviate that burden in any way she can. Their house burned down in the summer of 2014 and the family has valiantly moved forward despite insurance shortages and a large family to shelter. She is an incredibly deserving recipient of our award.

## New Members

**Angela Lawrence**, Navy Federal Credit Union,  
24 Sailfish Drive, Groton, CT 06340,  
Phone: 800-531-7174 x27575,  
Email: [angela\\_lawrence@navyfederal.org](mailto:angela_lawrence@navyfederal.org)  
Website: [www.navyfederal.org](http://www.navyfederal.org)

Angela is the Branch Manager at Navy Federal in Groton. She is an Army veteran and finds it deeply satisfying to serve the Department of Defense and their families through her work at Navy Federal Credit Union.

**Robin G. Smith**, LIA, Insurance Advice & Advocacy for Seniors, 98 Perry's Lane, Rochester, MA 02770,  
Phone: 888-363-3914, Email: [robin.g.smith@att.net](mailto:robin.g.smith@att.net)  
Website: [www.robinsmith.com](http://www.robinsmith.com)

Robin specializes in insurance and medical billing issues which confront the elderly, including filing Long Term Care or life insurance claims and appeals, and Medicare/Medigap claims and appeals. Robin is a Licensed Insurance Advisor and life settlement broker, licensed in Massachusetts, Rhode Island and Connecticut.

## Featured Business at Cameo Table

Lynn Mei will be showcasing her business at the June 15, 2016 luncheon. Please stop by the table to learn more about CorePlus Credit Union, and visit [www.coreplus.org](http://www.coreplus.org)



[Like us on Facebook](#)

**May Drawings** – Dr. Tianne Pape won the *Spotlight* article and Nisha Parekh won the *Resident* article. Lynn Mei won the Cameo Table to showcase her business at the June 15th luncheon.

## 40th Celebration Gala Tickets

Tickets are available to purchase  
at the monthly  
luncheons for the  
September 30 event.

\$40 per person, cash or check only  
Please see Deb McGrath



## Members on the Move

**Kathy Pooler** would like to thank **Emily Lerner**, CST, LMT, owner of CranioSacral Therapy in New London, for Emily's very professional, peaceful and healing work which Kathy experienced during her free session. Emily offered a drawing for the free session while featuring her business at the Cameo Table at the April luncheon, and Kathy won the drawing.

**Please remember to post your events on the Network Facebook page, then email information to Judy to be included in the upcoming newsletter, [jwhite5506@sbcglobal.net](mailto:jwhite5506@sbcglobal.net).**

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**Advertising Deadline** is the 20th of the month to appear in the next month's issue. The SECT Women's Network reserves the right to edit copy submitted for inclusion in the newsletter.

## Network Board Meeting Friday, June 10

The next Network Board Meeting is Friday, June 10, 8 am, at the Hampton Inn, 300 Long Hill Road, Groton, Connecticut. All members are welcome to attend.

**Nonmembers:** make reservations online for the **Wednesday, June 15 luncheon at Langley's Restaurant, Great Neck Country Club in Waterford, CT at [www.sectwomensnetwork.org](http://www.sectwomensnetwork.org) no later than 12 midnight, Sunday, June 12,**

**Members use link on left column on page 1**  
Reservations are required.

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