

# Southeastern Connecticut WOMEN'S NETWORK NEWS



Volume 32, Number 3, January 2019

## Upcoming Programs January 2019 Luncheon

### Partner Event

January 24, 2019

### *Ignite presents "Women's Night at the Innovator Networking Series"*

5:00-7:00 pm at BioCT Innovation Commons, 93 Shennecossett Rd, Groton, CT 06340. See insert for more details or register at: [www.bit.ly/Innovate24Jan19](http://www.bit.ly/Innovate24Jan19)

February 20, 2019

### *Eat, Stay, Love to Know You Better—Networking & Friends*

*Bring a Friend to Lunch, and be entered into a drawing to win a free lunch.*



Join our upcoming Networking luncheon, "Eat, Stay, Love to Know You Better!" Each table will have a jar of fun and enlightening questions to ask each other. You'll walk away having a greater understanding and connection with your lunch mates than you thought possible!

## Member



The SECT Women's Network provides great value to its members!

### **As a Network member you may:**

• **Attend and enjoy** a deliciously pre-

## Healing from the Inside

**Join us** Wednesday, January 16, 11:30 am at Langley's Restaurant at Great Neck Country Club for our monthly luncheon meeting.

This is a wonderful opportunity to hear **Dr. Kendra Becker**, our January speaker. Learn how to heal your body from the inside, and begin your journey of healing and resilience, starting with your cells. Learn how food can be your medicine or your poison and that your genes do not define you, but certainly help guide the way of your healing.



Network attendees should arrive at **Langley's Restaurant** in Waterford at 11:30 am for registration and networking, lunch at 12 noon. The public is welcome. **Reservations are required.**

**All attendees: please make your reservations** or cancellations for the Wednesday, **January 16** luncheon online 24/7 **by 12 midnight, Sunday, January 13.** [www.sectwomensnetwork.org/events](http://www.sectwomensnetwork.org/events)

Cash or checks for **\$25** made out to the Women's Network will be collected at the door. **Reservations after 12 midnight on Sunday will pay \$30. Reservation no-shows and late cancellations will be billed.**

pared lunch at monthly meetings in an uplifting atmosphere for a very reasonable luncheon fee.

- **Take advantage** of the dynamic speaker program at the monthly luncheons that provides valuable information, networking and entertainment.
- **Choose** to attend Network Mastermind Group meetings – be mentored and mentor others.
- **Display** marketing materials on the member marketing table at the monthly luncheons.
- **Enter** our monthly luncheon drawings to win free advertising.
- **Receive** our monthly newsletter.

• **Be listed** in the Network Directory and gain "Featured Member" exposure.

• **Increase** business with affordable advertising and marketing opportunities.

• **Connect** with others on a personal and business level and form mentoring relationships.

• **Gain** professional skills and leadership experience.

• **Give back** to the community through supporting Safe Futures with donations of food and gifts for use by residents of both the Genesis House Women's Shelter and Phoenix House transitional housing.

• **Support** our student scholarship program. The Network awards annual scholarships to students needing fi-

*Continued on page 2*

## Member Benefits

...from page 1

financial assistance to continue their education and has helped students from each of the three local public colleges/universities: The University of Connecticut at Avery Point, Three Rivers Community College, and Eastern Connecticut State University.

- **Get involved** by volunteering on a committee and help to create the Network of the future. The Network needs your talents.
- **Enjoy a Lifetime of Fantastic Friends, Fun and Fulfillment!** ■

## New Members

**Alex Marku**, A Beautiful Co.,  
15 Shaw Street, New London, CT  
06320

Phone: 860-437-3668

Email: [sales@abeautifulco.com](mailto:sales@abeautifulco.com)

Website: [www.abeautifulco.com](http://www.abeautifulco.com)

**Second Business:** Buon Appetito Risorante and Pizzeria, 386 Norwich Westerly Road, North Stonington, CT 06359

Sander is the owner and operator of A Beautiful Company, General Contractors, LLC, which is licensed in Connecticut, Rhode Island and New York.

**Diane E. Matta**, Diane's Tax Service, 5 West Main Street, Clinton, CT 06413

Phone: 860-306-0947

Email: [dmatta1@live.com](mailto:dmatta1@live.com)

Diane is an Enrolled Agent, which means she can represent tax clients in any IRS audit. She prepares Individual and small business returns plus other types of returns. Diane has been a tax preparer for the past 30 years. She is on the Board of the Connecticut Chapter of the National Association of Tax Professionals.

**Heide Smith**, Priority Real Estate Group, LLC, 17A River Rd, Lisbon, CT 06351

### President's Message

## Happy New Year to All!

We've been very busy over the last several years upgrading systems and implementing new processes to enhance your experience as a member of The Southeastern CT Women's Network. We have changed how we connect with you as well as how you can connect with your fellow members. Listed below are some of the ways you can stay in touch and make the most out of your membership.

[SECTWNBIZ@gmail.com](mailto:SECTWNBIZ@gmail.com)

Facebook: <https://www.facebook.com/SECTWomensNetwork/>

Instagram: <https://www.instagram.com/sectwomensnetwork/>

Newsletter: [www.sectwomensnetwork.org/Newsletter](http://www.sectwomensnetwork.org/Newsletter)

Directory Download: [www.sectwomensnetwork.org/DirectoryDownload](http://www.sectwomensnetwork.org/DirectoryDownload)

**Please be sure to take a few moments to update your online profile!** We want to ensure that members and anyone online viewing your contact information on our website are able to connect with you.

Most Sincerely,  
Kate Bellandese

Phone: 860-908-6041

Email: [heide@priorityregroup.com](mailto:heide@priorityregroup.com)

Website: [www.priorityregroup.com](http://www.priorityregroup.com)

Heide is a Realtor for Priority Real Estate Group, LLC, a small boutique agency based out of Lisbon. She lives in Waterford and primarily works out of her home office. She is the shoreline agent for the agency, but works all over the state. Heide loves her job and is always excited to meet a new client — whether a buyer or a seller.

## Mastermind Groups for Network Members

The concept of the Mastermind Group originated in the early 1900's in Napoleon Hill's book "Think and Grow Rich." He defined the Mastermind principle as: "coordination of knowledge and effort by two or more people, who work toward a definite purpose in the spirit of harmony."

There is synergy of energy, commitment and excitement that participants bring to Mastermind, by supporting each other to achieve professional objectives, brainstorm ideas, and support each

**Dime Bank**  
MEMBER FDIC

*Serving our community  
since 1869*



**860.859.4300**  
[dime-bank.com](http://dime-bank.com)

Colchester | East Lyme | Ledyard | Montville  
Norwich: Corporate | Broadway | Norwichtown  
Taftville | New London: In Shaw's Cove & In ShopRite  
Stonington Borough | Westerly, RI







other with total honesty, respect and compassion. Mastermind participants act as catalysts for professional growth.

Participation in the Network Mastermind program is voluntary and free as part of your Network membership. It is an evolving pro-

*continued on page 4*

**Mastermind**...from page 2

gram giving members an opportunity to connect and support each other more intimately in achieving personal and professional objectives.

Mastermind groups meet once a month. Pavé Group meets the second Monday of the month (time varies) in Waterford. A second Mastermind group has formed and meets on the fourth Wednesday of the month at 7 a.m. in Gales Ferry.

Those interested in Mastermind are encouraged to visit a group meeting, an RSVP is required.

For more information or to visit the Monday Mastermind group, please contact Judy Ricketts-White [jwhite5506@sbcglobal.net](mailto:jwhite5506@sbcglobal.net).

For information or to visit the Wednesday morning group, contact Carol Burgess [cburgess0@snet.net](mailto:cburgess0@snet.net).

**Looking for a new bank?**

**Contact Deb today!**

**Deb Tavernier** Norwich Branch Manager  
 (800) 377-4424 x7080 • [dtavernier@putnambank.com](mailto:dtavernier@putnambank.com)  
 NMLS: 759529 | Bank NMLS: 493637

**Putnam Bank**  
 TOGETHER WE MAKE A DIFFERENCE

[putnambank.com](http://putnambank.com)      



 **SAVA**  
Insurance Group Inc

*Women Supporting Women!!  
Your business is unique.*

---

**Your insurance needs to protect you!**

Whether you are a business owner working from your home or a small business owner in your community, SAVA can help you!



*Guided by Heart*

750 Broad Street • Waterford, CT 06385 • 860.437.7282  
[savainsurance.com](http://savainsurance.com)




Auto | Home | Business | Life | Benefits

**What's important to you? Let's talk.**



**Brittni Oxendine**  
Financial Advisor  
 24 Elm Street Suite 1  
 Old Saybrook, CT 06475  
 860-388-6266  
[www.edwardjones.com](http://www.edwardjones.com)

**Edward Jones**  
MAKING SENSE OF INVESTING



Trusted Advisors for Generations

**June D. Strunk, CFP®**  
 Executive Vice President/Wealth Management, Financial Advisor  
 direct 860.245.2085 toll-free 888.282.1044 fax 860.245.3638  
[jstrunk@janney.com](mailto:jstrunk@janney.com)  
[www.mysticharborgroup.com](http://www.mysticharborgroup.com)

THE MYSTIC HARBOR GROUP AT JANNEY MONTGOMERY SCOTT LLC  
 60 Willow Street, Suite 101, Mystic, CT 06355  
WWW.JANNEY.COM - MEMBER NYSE, FINRA, SIPC SECURITIES AND INVESTMENT ADVISORY SERVICES OFFERED THROUGH JANNEY MONTGOMERY SCOTT LLC A REGISTERED INVESTMENT ADVISER.

*Nutmeg Building & Remodeling, LLC*

**— Making your dream home a reality. —**

**860.572.9606**

[www.NutmegBuildingRemodeling.com](http://www.NutmegBuildingRemodeling.com)





*presents*

**WOMEN'S NIGHT** at the  
**INNOVATOR NETWORKING SERIES**

co-hosted by



**Women's  
Business  
Development  
Council**



**Network!**

**Startup Success Stories** moderated by **Lisa Carberg**

**Food** from women-owned businesses

**Wine tasting** with **Wines of Illyria**

**Thursday, January 24th**

**5:00 - 7:00 pm**

**BioCT Innovation Commons  
93 Shennecossett Rd, Groton, CT 06340**

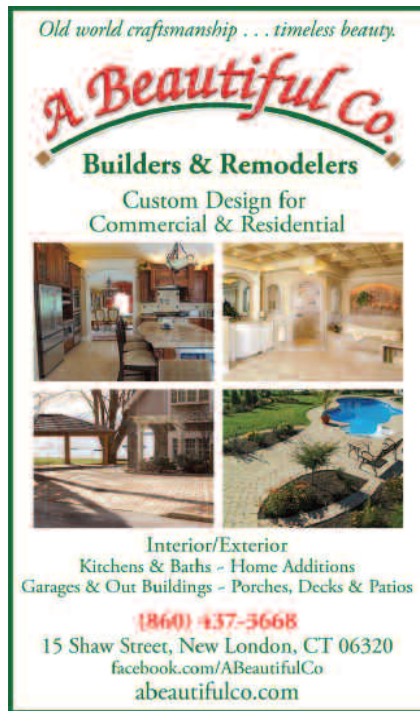
Register today at [www.bit.ly/Innovate24Jan19](http://www.bit.ly/Innovate24Jan19)



Ignite, a program of **Thames River Innovation Place**,  
is made possible with support from **CTNext**.

## \*Members Enter to Win Free Advertising

The drawing basket for free advertising will be placed at the registration table. Members only may place their business card in the basket for a chance to win free advertising. Attend a luncheon and enter to win! *Must be present to win.*



## Call for 2019 Women's

### Nonprofit Event Information

If you are an employee or a member of a non-profit entity that benefits women, and wish to have a SECTWN presence at one or more of your events in 2019 we want to know. The Admin Committee is currently compiling a list of these events with the goal of identifying those which we intend to fund and open for Network attendance in 2019. The number of events selected will depend on the donation requirements and SECTWN budget. If interested please send your list of events by January 31, 2019 to Nancy Motola at [ncmotola@pharmaregconnection.com](mailto:ncmotola@pharmaregconnection.com) and include information regarding donation requirements, date, venue, and a description of the event. **Please note** that any organization in which women benefit qualifies. It does not have to be an organization exclusive to women.

## Safe Futures – Giving Basket

A purple basket will be available at the monthly luncheons to donate much-needed items for Safe Futures and their residents. **Please donate cleaning supplies...or any item listed on their wish list.** Click on link to view their entire wish list. <https://www.safefuturesct.org/giving/our-wish-list>

*Thank you for your generosity!*

## Featured Business at Cameo Table

Barbara Dennison will be showcasing *Atlantic Home Loans* at the January 16, 2018 luncheon. Please stop by the table to meet Barbara and learn more about the services she offers by contacting her at [bdennison@atlantichomeloans.com](mailto:bdennison@atlantichomeloans.com).



[Like us on Facebook](#)

## Join and Post to the Network's New Facebook Group Page

One fairly untapped member benefit is the Network Facebook Group page. We encourage you to share your business and personal news on the Network Group page. Members must post their event or information on the Network Facebook Group page themselves. If you have questions about how to post, contact Denise Howard, Publicity Chair [bestwellness4you@gmail.com](mailto:bestwellness4you@gmail.com).

*Email information to Judy to be included in the upcoming newsletter, [jwhite5506@sbcglobal.net](mailto:jwhite5506@sbcglobal.net).*

**Copy Deadline** is the 20th of the month to appear in the next month's issue. Email copy to Editor Judy Ricketts-White at [jwhite5506@sbcglobal.net](mailto:jwhite5506@sbcglobal.net). The SECT Women's Network reserves the right to edit copy submitted for inclusion in the newsletter.

## Network Board Meeting Friday, January 11

The next Network Board Meeting is Friday, January 11, 8 am, at Groton Inn & Suites, 99 Gold Star Highway. All members are welcome to attend.

*For more Network information and articles see our website: [www.sectwomensnetwork.org](http://www.sectwomensnetwork.org)*

**All Attendees:** make reservations online for the **Wednesday, January 16, 2019 luncheon at Langley's Restaurant, Great Neck Country Club in Waterford, CT at [www.sectwomensnetwork.org/events](http://www.sectwomensnetwork.org/events) no later than 12 midnight, Sunday, January 13, Reservations are required.**

**Reservation no-shows and late cancellations will be billed.**