

Southeastern Connecticut WOMEN'S NETWORK NEWS



Volume 31, Number 4, February 2018

Upcoming Programs February 2018 Luncheon

March 21, 2018

**Thinking Outside the Box -
Gregg Barratt**

Gregg T. Barratt is an experienced Human Resources leader and a nationally recognized professional in the training and organizational development field. He is certified in the use of the Myers-Briggs Type Indicator, The Career Architect, Situational Leadership, Thomas Kilman Conflict, and in the Rummler-Brache Process Mapping Method, as well as in an extensive range of professional and personal development programs. He is also certified as an alternative dispute mediator.

Gregg is highly proficient in developing and implementing innovative recruitment and retention strategies, researching and implementing human resource information systems, developing employee policies and procedures, managing employee relations, developing competency frameworks, performance management and measurement systems, compensation and benefits systems and recognition programs, safety and security programs, conducting labor negotiations and relations, business process redesign, call-center development, and critical incident stress response. ■

April 18, 2018

**Ground Breaking Ladies -
Julia Chase**

A Year of Giving - Kathy Verano and Pam Atkins

Join us Wednesday, February 21 at 11:30 am at Langley's Restaurant at Great Neck Country Club for our monthly luncheon meeting.

Kathy Verano, Executive Director of Safe Futures, and Pam Atkins, President of L&M Hospital Auxiliary, will speak on ways to donate your time, talent and treasure to make a difference. ■

Network attendees should arrive at **Langley's Restaurant** in Waterford at 11:30 am for registration and networking, lunch at 12 noon. The public is welcome.

Reservations are required.

All attendees: please make your reservations or cancellations for the Wednesday, **February 21** luncheon online 24/7 **by 12 midnight, Sunday, February 18.** <https://sectwn.wildapricot.org/events> *Note price change.

Cash or checks for **\$25** made out to the Women's Network will be collected at the door. **Reservations after 12 midnight on Sunday will pay \$30. Reservation no-shows and late cancellations will be billed.**



Bring a Friend to Lunch, and be entered into a drawing to win a free lunch.

*** Network Notices - Online Member Directory is Live!!!**

- 1. Please click, login and update your profile information today.** <https://sectwn.wildapricot.org/Sys/Profile>
The online member directory will be visible to the public as of 2-1-2018. Make sure the public sees the information you want them to see.
- 2. Stay logged in, click on "Privacy".** This will show all the items in your profile and the visibility status of each item (who

can see what).

3. Stay logged in, and click "Edit Profile". This will give you the ability to change who can see each piece of your information. You can change each item via the radio buttons. Click **"Save"** and you're done.

4. Stay logged in, go to the "Events" tab/page to review and purchase some of the great **advertising** opportunities available. *See panel on page 3 for more info.*

June 20, 2018

Installation of Officers

Join in the fun and meet your new Officers and Board Members for the coming year. ■

New Members

Annette Eldridge, Community of Hope, Inc., 1649 Route 12, Suite 2, Gales Ferry, CT 06335
Phone: 860-912-8983
Email: getannette@aol.com
Website: www.4COH.com

Annette is the Executive Director and Board Member for Community of Hope. Through their program she has the privilege of assisting people in finding inner healing through SOZO ministry (a unique inner healing ministry). She is a member of the local Ledge Light BNI working to grow Community of Hope (COH) into a household name for those who need to take a hard look at their lives and reenter society changed. Her desire is to create a sanctuary for women in the region who wish to change their lives through healing. COH helps them help themselves.

January Drawings

Julie Brousseau won the cash. Ellen Bothamly-Fossum's name was drawn for the Ha Ha Lunch, and Ha Ha she wasn't there! Barbara Dennison won the *Spotlight* article and Carol Gigi S. Little won the *Resident* article. Carol Burgess won the Cameo Table to showcase Primerica at the February 21, 2018 luncheon.

Featured Business at Cameo Table

Carol Burgess will be showcasing Primerica at the February 21, 2018 luncheon. Please stop by the table to meet Carol and learn more about the services she offers, 860-303-7267, www.primerica.com/cburgess.

President's Message

Happy Valentine's Day to All!

February is a great time to shake your cabin fever! Gather your family and friends and start to venture out again after the holiday rush. We are starting to enjoy longer daylight time too! Take some time to see what is going on in our area for local events and also check your local Chamber of Commerce websites. Do some of your Network friends and members have an event that you would like to attend? This is a wonderful way to support each other and have fun networking.

Social media is a wonderful enhancement and tool for networking, but face to face will make your connection more memorable and last-

ing. Let's not lose the personal touch.

This weekend, I took 15 minutes to watch a TED Talk with Michael Goldberg entitled "Rediscovering Personal Networking." He defines networking as "a proactive approach to meeting people to learn, with the hopes and prospects of helping them." You may want to grab a cup of hot chocolate and relax and enjoy his short TED Talk. You can click here:

<https://youtu.be/Po-QOVodPhU>

Happy Valentine's Day to all!

Warmest regards,
President

Patti Rodgers-Longo



The SECT Women's Network provides great value in benefits to its members!

As a Network member you may:

- **Attend** events at both the Chamber of Commerce of Eastern CT and the Greater Mystic Chamber of Commerce at chamber member prices.
- **Enjoy** a deliciously prepared luncheon at monthly meetings in an uplifting atmosphere for a very reasonable luncheon fee.
- **Take advantage** of the dynamic speaker program at the monthly luncheons that provides valuable information, networking and entertainment.
- **Choose** to attend Network Mastermind Group meetings – be mentored and mentor others.
- **Display** marketing materials on the member marketing table at the monthly luncheons.

- **Enter** our monthly luncheon drawings to win free advertising.
- **Receive** our monthly newsletter.
- **Be listed** in the Network Directory and gain "Featured Member" exposure.
- **Increase** business with affordable advertising and marketing opportunities.
- **Connect** with others on a personal and business level and form mentoring relationships.
- **Gain** professional skills and leadership experience.
- **Give back** to the community through supporting Safe Futures with donations of food and gifts for use by residents of both the Genesis House Women's Shelter and Phoenix House transitional housing.
- **Support** our student scholarship program. The Network awards annual scholarships to students needing financial assistance to continue their education and has helped students from each of the three local public colleges/universities: The University of Connecticut at Avery Point, Three Rivers Community College, and Eastern Connecticut State University.
- **Get involved** by volunteering on a

Continued on page 3

Member Benefits...from page 2
committee and help to create the Network of the future. The Network needs your talents.

• **Enjoy a Lifetime of Fantastic Friends, Fun and Fulfillment!** ■

*Members Enter to Win Free Advertising

The drawing basket for free advertising will be placed at the registration table. Members only may place their business card in the basket for a chance to win free advertising. Attend a luncheon and enter to win!

Must be present to win.

Grow Your Business with Network Advertising

New advertising opportunities have opened up with the creation of our new website system!

Now members can take advantage of the **new economical rates** to help **"Grow Your Business!"**

Rates have been cut in half for newsletter ads and website ads. All ad rates listed are for one year.

Newsletter advertising: \$100 small ad and \$200 large ad.

Website advertising: \$275 small side ad or a bottom banner; \$550 for a large side ad.

Package deals will still be offered when purchasing multi media ads. Choose any 2 different media (ie. directory & website) = 20% off. All package deals must be prepaid.

Members can login to view and/or purchase ads: <https://sectwn.wildapricot.org/events>
Ads will be published after they are purchased.

Members on the Move

Karen C.L. Anderson's latest book, "Difficult Mothers, Adult Daughters: A Guide for Separation, Liberation & Inspiration" will be released March 13. www.kclanderson.com

Nancy D. Butler, CFP®, CDFATM, CLTC, national speaker, award-winning author and business coach, is honored to report that she has been appointed a delegate to The United Nations (UN). Nancy will be attending meetings at the United Nations headquarters in New York City in March, for the 62nd Session of the Commission on the Status of Women. Nancy's recommendation was submitted by Soroptimist International, a world-wide women's organization that she has been part of for 35 years. Nancy will meet with representatives of member states, UN entities and ECOSOC-accredited non-governmental organizations from around the world. www.aboveallelse.org

On Sunday January 21, Past President **Denise M Nott** celebrated 10 years in business as Nutmeg Building and Remodeling LLC. The celebration at Langley's included friends, family

and clients. Also in attendance were Network Past Presidents Susan Dombrowski and Deborah McGrath, as well as current Network President Patti Rodgers-Longo. Denise felt proud and honored as everyone congratulated her and wished her continued success. www.nutmegbuildingremodeling.com

Emma Palzere-Rae has been appointed as the Ignite Program Manager at the new non-profit Thames River Innovation Place. Emma is charged with building innovation and entrepreneurship in Southeastern Connecticut through education, events and resource sharing! For information, visit www.ignitethamesriver.org. Emma is also an adjunct professor at UCONN, teaching Arts Administration.

Judy Ricketts-White had fun appearing on SEC-TV's show "Community Culture Showcase" on January 24. Judy was interviewed by the show's host Harriet Grayson. The two authors chatted about their books and upcoming events. Watch interview: <https://www.youtube.com/watch?v=d13jpKm4w04>. For book information see: www.rickettswhitedesign.com.

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We need

you! Join the Public Relations Committee! Calling all Social Media

WE NEED YOU gurus! Do you have a


strength in Instagram, Facebook, Twitter or LinkedIn? We need your help on the Public Relations Committee. We also need help with Press Releases, Chamber Updates, and interaction with other media outlets. Pick one and volunteer your assistance! Contact: Denise Howard bestwellness4you@gmail.com.

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Upcoming Events at Safe Futures

Spring – Power of Purple Luncheon

Thursday, April 26, 2018
Holiday Inn, Norwich

Light the Way Annual Event - TBA

Summer – Safe Futures Charity Golf Tournament

Thursday July 19, 2018
Great Neck Country Club,
Waterford

Fall – In honor of Domestic Violence Awareness Month
Safe Futures Power of Purple
4K Walk

October 2018
Crystal Mall, Waterford

Winter – Holiday giving program
November-December 2018

Members on the Move...from pg. 3

Barbara Dennison announces her new employer, Tidewater Mortgage Services, Inc., 500 Main Street, Suite 201, Clinton, MA 01510. She is a Senior Loan Officer and can be reached at 860-304-3000, bdennison@twmortgage.com, www.twmortgage.com/bdennison



[Like us on Facebook](#)

Join and Post to the Network's New Facebook Group Page

One fairly untapped member

benefit is the Network Facebook Group page. We encourage you to share your business and personal news on the Network Group page. Members must post their event or information on the Network Facebook Group page themselves. If you have questions about how to post, contact Denise Howard, Publicity Chair bestwellness4you@gmail.com.

Email information to Judy to be included in the upcoming newsletter, jwhite5506@sbcglobal.net.

Network Board Meeting Friday, February 16

The next Network Board Meeting is Friday, February 16, 8 am, at Chelsea Groton Bank, 904 Poquonnock Road, Groton, Connecticut. Attendees must be prompt for admittance, door is kept locked. All members are welcome to attend.

Copy Deadline is the 20th of the month to appear in the next month's issue. Email copy to Editor Judy Ricketts-White at jwhite5506@sbcglobal.net. The SECT Women's Network reserves the right to edit copy submitted for inclusion in the newsletter.

For more Network information and articles see our website: www.sectwomensnetwork.org

All Attendees: make reservations online for the Wednesday, February 21, 2018 luncheon at Langley's Restaurant, Great Neck Country Club in Waterford, CT at <https://sectwn.wildapricot.org/events> no later than 12 midnight, Sunday, February 18, Reservations are required.

Reservation no-shows and late cancellations will be billed.



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