



Member Benefits

The SECT Women's Network provides great value in benefits to our members!

As a Network member you may:

- **Attend** events at both the Chamber of Commerce of Eastern CT and the Greater Mystic Chamber of Commerce at chamber member prices.

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Upcoming Programs

May 17, 2017

Gregg Barratt - Thinking Outside the Box

Gregg T. Barratt is an experienced HR leader and a nationally recognized professional in the training and organizational development field. He is certified in the use of Myers-Briggs Type Indicator, The Career Architect, Situational Leadership, Thomas Kilman Conflict, and in the Rummler-Brache Process Mapping Method, as well as in an extensive range of professional and personal development programs. He is also certified as an alternative dispute mediator.



Gregg is highly proficient in developing and implementing innovative recruitment and retention strate-

April 2017 Luncheon The Dos and Don'ts of Being an Employer

Join us Wednesday, **April 19** at 11:30 am at Langley's Restaurant at Great Neck Country Club for our monthly luncheon meeting.

In employment law there is no magic formula for success and no good deed goes unpunished. All employers wish that there was a specific course of action to take for all employment and personnel issues...but such is not the case. Although **Meredith Diette, Esq.** cannot offer any easy solutions, she can suggest that employers take a pro-active, diligent, thorough and informed approach to employment matters. With that in mind, this presentation will offer dos and don'ts to provide an employer with general guidance and describe typical obstacles related to employment law.

gies, researching and implementing human resource information systems, developing employee policies and procedures, managing employee relations, developing competency frameworks, performance management and measurement systems, compensation and benefits systems and recognition programs, safety and security programs, conducting labor negotiations and relations, business process redesign, call-center development, and critical incident stress response and management initiatives. Gregg has researched, designed and conducted high impact training pro-

Network attendees should arrive at **Langley's Restaurant** in Waterford at 11:30 am for registration and networking, lunch at 12 noon. The public is welcome.

Reservations are required.

All attendees: please make your reservations or cancellations for the Wednesday, **April 19** luncheon online 24/7 **by 12 midnight, Sunday, April 16.**

<https://sectwn.wildapricot.org/events>

*** Note change in time for deadline.**

Cash or checks for **\$22** made out to the Women's Network will be collected at the door. **Reservations after 12 midnight on Sunday will pay \$27. Reservation no-shows and late cancellations will be billed.**

grams throughout the United States as well as in global locations for a wide expanse of leadership, behavioral, and skills educational initiatives for large corporations as well as for dynamic entrepreneurial firms.

June 21 Installation of Officers and Presentation of Awards

Join in the fun as awards for this year are presented, and meet your new Officers and Board Members for the coming year.

Member Benefits...from page 1

- **Enjoy** a deliciously prepared luncheon at monthly meetings in an uplifting atmosphere for a very reasonable luncheon fee.
- **Take advantage** of the dynamic speaker program at the monthly luncheons that provides valuable information, networking and entertainment.
- **Choose** to attend Network Mastermind Group meetings – be mentored and mentor others.
- **Display** marketing materials on the member marketing table at the monthly luncheons.
- **Enter** our monthly luncheon drawings to win free advertising.
- **Receive** our monthly newsletter.
- **Be listed** in the Network Directory and gain “Featured Member” exposure.
- **Increase** business with affordable advertising and marketing opportunities.
- **Connect** with others on a personal and business level and form mentoring relationships.
- **Gain** professional skills and leadership experience.
- **Give back** to the community through supporting Safe Futures with donations of food and gifts for use by residents of both the Genesis House Women's Shelter and Phoenix House transitional housing.
- **Support** our student scholarship program. The Network awards annual scholarships to students needing financial assistance to continue their education and has helped students from each of the three local public colleges/universities: The University of Connecticut at Avery Point, Three Rivers Community College, and Eastern Connecticut State University.
- **Get involved** by volunteering on a committee and help to create the Network of the future. The Network needs your talents.
- **Enjoy a Lifetime of Fantastic Friends, Fun and Fulfillment!** ■

President's Message

A Busy Time in the Network

April is a busy time of year at the Network. While spring is in full bloom and the days are longer, Board committees are at work preparing for annual responsibilities.

The Nominating Committee has started meeting to consider new members for the Board. The list of potential nominees is long. This speaks to the quality of our members. As I have said many times, this is a thoroughly committed, efficient and organized Board of Directors. Each member takes their volunteer position seriously. That is why the Network has continued to grow for 41 years.

The Budget Committee will be meeting this month to set the budget for the next fiscal year, which starts in July. The Network holds to the same standards as any business, as it makes sure all is in order for the annual audit. We are so fortunate to have a Board Treasurer and Board members who undertake this duty each year.

The Scholarship Committee presents \$1,000 scholarship awards at

Three Rivers Community College, UCONN at Avery Point and Eastern CT State University. This is an important part of the Network's commitment to supporting women.

Each year a member is selected as the Network's Woman of the Year. Last year Donna Yother, owner of SAVA Insurance, received the award. She will help with the selection of a new recipient. The criteria for the award and how you can nominate someone is in this newsletter. Please take the time to nominate a member. The deadline is the end of this month.

This month's newsletter again highlights all the benefits of being a member of the SECT Women's Network. The list of benefits is long. I see the Board of Directors as one of those benefits. Each year, they work to make sure the Network is upholding its mission and making our Network better for our members. Thank you to all for your continuing work to keep the Network going and growing.

President
Kathy Greene

Network Woman of the Year – A Call for Nominations

The Woman of the Year Award is an annual award. It will be presented this year at the June Luncheon to a member of the Network who meets the following criteria:

1. Candidates must be active members of the Southeastern Connecticut Women's Network, attending luncheons and participating in other functions.
2. Candidates may be former, but not current members of the

Board of Directors or its Executive Board.

3. Candidates must be active in their community and within other professional organizations.

4. Candidates must express an interest in helping others achieve professional status and public exposure through networking in the community.

Please submit nominations by April 30, 2017 to:
Donna Yother
c/o SECT Women's Network
PO Box 921, Groton, CT 06340-0921
for more information 860-437-7282, dyother@savainsurance.com

New Members

Anna Staley, The Lighthouse Voc-Ed Center, 46 Plaza Court, Groton, CT 06340

Phone: 860-869-8898

Email: astaley@lvecenter.com

Website: www.lhcampus.com

Anna is the Business Manager & HR Coordinator at The Lighthouse.

Anna was born and raised in Russia. She came to the US in 2002 and couldn't speak any English. Anna knows she has come a long way in the last fifteen years. She is passionate about the organization she works for and loves her job because it gives her an opportunity to help people solve their problems and make their lives a little easier.

Kystal Livingston, Hilton Garden Inn/Hampton Inn, 224 Gold Star Highway, Groton, CT 06340
Phone: 860-445-6800

Email: kystal.livingston@hilton.com

Website: www.mysticgroton.hgi.com

Krystal has been with the Hilton family for six years and looks forward to connecting with wonderful professional women and expanding her knowledge and wisdom base in her profession as well as in life.

Members Enter to Win Free Advertising

The drawing basket for free advertising will be placed at the registration table. Members only may place their business card in the basket for a chance to win free advertising.

Upload Your Avatar!

Now you can upload your photo on the new web-

Add Your Photo to Your Member Profile

site — your very own Avatar (or profile photo)! Another benefit of being a member is the "Featured Member" — a revolving program that shows your photo and business information.

Instructions: Go to website <https://sectwn.wildapricot.org> and log in. Click your name in the upper right corner which takes you to "My Profile." Once there, click on "Edit Profile." Scroll part way down after "business mobile phone" and before "send mailings to." Find "Avatar", click next to it, it should say "add" or "upload." Then the system will give you the "browse" option to select a photo on your computer. Select the photo you want.

Voilà, you have an Avatar!

Members on the Move

Kathleen O'Beirne reminds us of the gigantic tag sale at Mystic Congregational Church on Fri. 4/7 (6 - 8 pm) and Sat. 4/8 (9 am - 1 pm).

Network Mastermind Groups

The concept of the Mastermind Group originated in the early 1900's in Napoleon Hill's book "Think and Grow Rich." He defined the Mastermind principle as: "coordination of knowledge and effort by two or more people, who work toward a definite purpose in the spirit of harmony."

There is synergy of energy, commitment, and excitement that participants bring to a Mastermind Group. The beauty of the Mastermind format is that participants raise the bar by supporting each other to achieve professional objectives, brainstorm ideas, and support each other with total honesty, respect and compassion. Mastermind participants act as catalysts for professional growth.

Participation in the Network Mastermind program is voluntary and free as part of your Network membership. It is a growing, evolving program intended to give Network members an opportunity to connect and support each other even more intimately in achieving personal and professional objectives.

Network members who are unable to attend regular luncheon meetings find the Network Mastermind groups a great way to connect and participate with other Network members. The only cost is the price of your meal and drinks.

Mastermind groups meet once a month. Pavé Group meets the second Monday of the month from 5:30 p.m. - 7:30 p.m. in Waterford. A second group is forming and will meet on the second Thursday of the month from 5:30 p.m. - 7:30 p.m. in Waterford. Meeting dates are standing dates, but are subject to change.

Groups range from three to 15 members. Participants support each other to achieve professional objectives and brainstorm ideas with total honesty, respect and compassion, commitment is important.

Anyone interested in Mastermind is encouraged to visit a group meeting. An RSVP is required.

For more information about or visiting our Mastermind group, please contact Judy Ricketts-White jwhite5506@sbcglobal.net.

Featured Business at Cameo Table

Susan Baroni-Schaeffer will be showcasing Channel 3 Kids Camp at the April 19, 2017 luncheon. Please stop by the table to learn more about this program, and visit www.channel3kidscamp.org.



Help Wanted

The Luncheon Registration Table, Program Committee and the Membership Table are great ways to have fun, meet other members and help the Network. If you are interested in being on one of these committees contact: Patti Rodgers-Longo (Luncheon/Program) prodgers@chelseagroton.com or Kathy Pooler (Membership) kathy@publicationsplus.com.

Remember to Check Out Luncheon Photos on Facebook

Not able to attend a luncheon? Now you can see photos of your friends having fun at the luncheons on our Facebook page and also on our website.

Many thanks to Photographer Sheree Sirpenksi for taking these memorable photos.

Wawa Report - April 2017

The new website has been completed. Fantastic progress has been made in every area of our new Wawa complete online system. All processes will continue to be tweaked and refined: membership accounts and information; accounting and banking files; online membership renewal and self-service member accounts information; and registration for luncheons and events. Additional systems being refined are payment processing via credit cards, invoices and receipts. We hope to provide additional features to the whole system during the month of April 2017. This new system is making information about our Network and events more accessible to more people.

We are grateful to all our members and friends for their patience during this transition.

Posting to the SECT Women's Network Facebook Page

One fairly untapped member benefit is the Network Facebook page. We encourage you to share your business and personal news on the Network page. Members must post their event or information on the Network Facebook page themselves, then their news will be shared and will reach our 800+ friends. If you have questions about how to post, contact Denise Howard, Publicity Chair bestwellness4you@gmail.com.



[Like us on Facebook](#)

Please remember to post your events on the Network Facebook page, then email information to Judy to be included in the upcoming newsletter, jwhite5506@sbcglobal.net.

Network Board Meeting Friday, April 14

The next Network Board Meeting is Friday, April 14, 8 am, at Chelsea Groton Bank, 904 Poquonnock Road, Groton, Connecticut. Attendees must be prompt for admittance, door is kept locked. All members are welcome to attend.

Copy Deadline is the 20th of the month to appear in the next month's issue. Email copy to Editor Judy Ricketts-White at jwhite5506@sbcglobal.net. The SECT Women's Network reserves the right to edit copy submitted for inclusion in the newsletter.

For more Network information and articles see our website: www.sectwomensnetwork.org

All Attendees: make reservations online for the Wednesday, April 19, 2017 luncheon at Langley's Restaurant, Great Neck Country Club in Waterford, CT at <https://sectwn.wildapricot.org/events> no later than 12 midnight, Sunday, April 16, Reservations are required.

Reservation no-shows and late cancellations will be billed.

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