

Southeastern Connecticut WOMEN'S NETWORK NEWS



Volume 31, Number 6, April 2018

Upcoming Programs April 2018 Luncheon

May 16, 2018

Business Doesn't Have to Feel So Hard – Liz Dederer

Creative Business Strategist, Liz Dederer, will share her powerful strategies on how to earn more in less time while doing what you love. ■

June 20, 2018

Installation of Officers and Presentation of Awards

Join in the fun as awards for this year are presented, and meet your new Officers and Board Members. ■

Proposed Changes to SECT Women's Network Bylaws

Please review the proposed changes to the SECT Women's Network bylaws. These changes have been proposed by the Board and will be voted on at the May luncheon. [Click here to review bylaws.](#)

Connecticut Small Business Development Center (CTSBDC)

Join us Wednesday, April 18, 11:30 am at Langley's Restaurant at Great Neck Country Club for our monthly luncheon meeting.

The Connecticut Small Business Development Center offers expert assistance at no cost to entrepreneurs and small business owners, helping Connecticut's businesses start, grow, and thrive. Are you thinking of launching a business? Get help starting on the path to success. Do you want to grow your business? Find information on accessing capital, expanding into new markets or securing a patent. How do you need to grow your business? Do you want to learn how to manage a business? Find online and in-person business training to boost your business knowledge. ■

Network attendees should arrive at **Langley's Restaurant** in Waterford at 11:30 am for registration and networking, lunch at 12 noon. The public is welcome. **Reservations are required.**

All attendees: please make your reservations or cancellations for the Wednesday, **April 18** luncheon online 24/7 **by 12 midnight, Sunday, April 15.** <https://sectwn.wildapricot.org/events> *Note price change.

Cash or checks for **\$25** made out to the Women's Network will be collected at the door. **Reservations after 12 midnight on Sunday will pay \$30. Reservation no-shows and late cancellations will be billed.**

Call for Nominations – 2018 Woman of the Year

Take this opportunity to submit your nominee for this prestigious annual award. Information on page 3.

*** Network Notices – Online Member Directory is Live!!!**

1. Please click, login and update your member profile information today. <https://sectwomensnetwork.org/Sys/Login> **The online member directory was made visible to the public as of 2-1-2018.** Make sure the public sees the information you want them to see.
2. Click "Edit Profile" to make

changes to your profile information.
3. Make sure there is a short statement in the "Brief Statement" box. The system requires this in order to save your changes. If there is already information in your brief statement you do not need to add anything. Then click **"Save"**.
4. Stay logged in, click on "Privacy".

This will show all the items in your profile and the visibility status of each item (who can see what).
5. Stay logged in, and click "Edit Profile". This will give you the ability to change who can see each piece of your information. You can change each item via the radio buttons. Click **"Save"** and you're done.

Spotlight Article

Barbara Dennison - Tidewater Mortgage

Barbara is a life-long resident of the shoreline who loves New England life. She has been helping Connecticut homeowners for



over 26 years by offering the personal touch that home financing deserves. Barbara has recently joined the Tidewater Mortgage team that is headquartered in Virginia Beach, Virginia and looking to make a difference for homebuyers and homeowners in Connecticut.

Whether buying your first home, vacation home or investment property, she is here to help make the process as simple and stress-free as possible. If you are looking to refinance a property to maximize your savings and cash-flow, Barbara can help you with that as well.

Whether you're a first-time buyer or a current homeowner, Barbara can provide you with valuable assistance to help you do what's best for you and your family. It begins with a financial analysis to determine what type of loan suits your needs best. You can be assured that Barbara will be with you every step of the way to ensure a smooth process from application to closing. Buying a home should be a joyous time. Let Barbara take care of the details while you start planning your next chapter of life as a homeowner! Contact Barbara at bdennison@twmortgage.com ■

New Members

Nicole Ceil, Nicole Ceil, NTP LLC, 1266 S. Broad Street, Pawcatuck, CT 06379
Phone: 860-415-1155

Continued on page 4

President's Message

Happy Spring!

For those that signed up for our March luncheon, we are hoping that our speaker, Gregg Barratt, will be able to reschedule with us later this year. Greg was traveling from Massachusetts and the weather prohibited him from traveling to Waterford. Please stay tuned for that update.

We are going to start the business portion of our luncheon a few minutes later in order to give you additional time to network. If you arrive at 11:30, this will give you approximately 40 minutes before the program begins. We do have the room until 1:15, which will also give you additional time at the end of the program.

Do you have an event planned that you would like to let us know about at the luncheon? Please look for the white board, which will be prominently displayed. Write the

event name and date on the board. Our members can snap a picture of the white board and have all of the event's information at hand.

We are also going to relocate the Cameo Table near the dessert table. Our members arrive early and often stay available after the luncheon to meet you and answer your questions. They are excited to showcase their business and have an opportunity to speak with you. Please, let's share in their excitement and take a few minutes to stop by to support them. It could be you at the Cameo Table one day.

Thank you for supporting The Network and each other!

Happy Springtime to all!

Warmest Regards,
President

Patti Rodgers-Longo



The SECT Women's Network provides great value in benefits to its members!

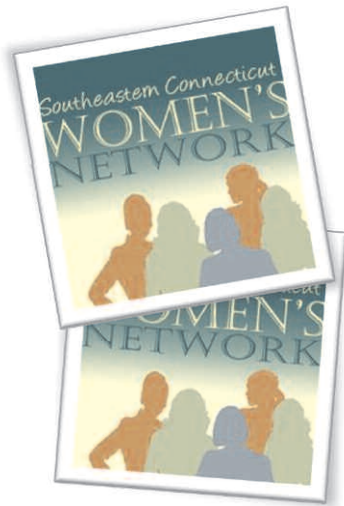
As a Network member you may:

- **Attend and enjoy** a deliciously prepared luncheon at monthly meetings in an uplifting atmosphere for a very reasonable luncheon fee.
- **Take advantage** of the dynamic speaker program at the monthly luncheons that provides valuable information, networking and entertainment.
- **Choose** to attend Network Mastermind Group meetings – be mentored and mentor others.
- **Display** marketing materials on the member marketing table at the monthly luncheons.
- **Enter** our monthly luncheon draw-

ings to win free advertising.

- **Receive** our monthly newsletter.
- **Be listed** in the Network Directory and gain "Featured Member" exposure.
- **Increase** business with affordable advertising and marketing opportunities.
- **Connect** with others on a personal and business level and form mentoring relationships.
- **Gain** professional skills and leadership experience.
- **Give back** to the community through supporting Safe Futures with donations of food and gifts for use by residents of both the Genesis House Women's Shelter and Phoenix House transitional housing.
- **Support** our student scholarship program. The Network awards annual scholarships to students needing financial assistance to continue their education and has helped students from each of the three local public colleges/universities: The University of Connecticut at Avery Point, Three Rivers Community College, and East-

Continued on page 4



We Need Your Help!

Woman of the Year Nominations

The Woman of the Year Award is presented annually, usually at the June Luncheon. It is presented to a member of the NETWORK who meets the following criteria:

The Prior Recipients are:

1991.	Nan Crowley
1992.	Nancy Hillery
1993.	Barbara Gager
1994.	Barbara Reed Collins
1995.	Linda Mariani
1996.	Lois Palmer-Alderson
1997.	Barbara Quinn
1998.	Joyce Schmidt
1999.	Judy Woodman
2000.	Millie Devine
2001.	Kathleen O'Beirne
2002.	Vicki Anderson
2003.	Marj Taggart Dedrick
2004.	Lois Andrews
2005.	Elaine Bono
2006.	Cora Murphy
2007.	Susan Pochal
2008.	Beth Glynn
2009.	Kasey Goss
2010.	Jane Moriarty
2011.	Gail Weber
2012.	Christine Lautz
2013.	Camilla Ross
2014.	Connie Plessman
2015.	Louisa Ketron
2016.	Donna Yother
2017.	Susan M. Dombrowski

1. The Candidate must be an active member of the Southeastern Connecticut Women's NETWORK, attending luncheons and participating in other functions.
2. The Candidate may be a former, but not a current member of the Board of Directors or its Executive Board.
3. The Candidate must be active in her community and within other professional organizations.
4. The Candidate must express an interest in helping other women and men achieve professional status and public exposure through networking in the community.
5. Deadline for nomination submissions is April 30, 2018.
6. Please send all nominations to Susan Dombrowski via email: sdombrowski@coreplus.org or call (860) 886-0576 x 3171.

THANK YOU IN ADVANCE!

**Southeastern Connecticut
Women's Network**

Member Benefits...*from page 2*

ern Connecticut State University.

• **Get involved** by volunteering on a committee and help to create the Network of the future. The Network needs your talents.

• **Enjoy a Lifetime of Fantastic Friends, Fun and Fulfillment!** ■

*Members Enter to Win Free Advertising

The drawing basket for free advertising will be placed at the registration table. Members only may place their business card in the basket for a chance to win free advertising. Attend a luncheon and enter to win!

Must be present to win.

Grow Your Business with Network Advertising

New advertising opportunities have opened up with the creation of our new website system!

Now members can take advantage of the **new economical rates** to help **"Grow Your Business!"**

Rates have been cut in half for newsletter ads and website ads. All ad rates listed are for one year.

Newsletter advertising: \$100 small ad and \$200 large ad.

Website advertising: \$275 small side ad or a bottom banner; \$550 for a large side ad.

Package deals will still be offered when purchasing multi media ads. Choose any 2 different media (ie. directory & website) = 20% off. All package deals must be prepaid.

Members can login to view and/or purchase ads: <https://sectwn.wildapricot.org/events>
Ads will be published after they are purchased.

New Members...*from page 2*

Email: nicoleceintp@gmail.com

Website: www.nicoleceintp.com

Nicole earned her credentials as a Certified Nutritional Therapy Practitioner through the Nutritional Therapy Association. In addition, she holds a Master's degree in Psychology and Counseling, a Bachelor's Degree in Psychology, and a certification in Conflict Mediation.

Nicole uses her unique skill set to support each client through his or her personal health journey by developing individual nutrition, lifestyle, and supplement plans that support healing, while providing motivation and accountability to achieve sustainable behavior change.

Nicole comes to the world of holistic health initially through her own health struggles, which enables her to empathize with her clients and offer an alternative to navigating the conventional health care system, sifting

through limitless amounts of information to find answers, and managing frustrating symptoms despite doing everything right. It is her goal to inspire each client to reconnect with and trust in his or her body's ability to heal.

Carleen M. Lee, Chelsea Groton Bank, One Montauk Avenue, New London, CT 06320

Phone: 860-448-4251

Email: clee@chelseagroton.com

Website: www.chelseagroton.com

Carleen is a Branch Manager and has worked at Chelsea Groton Bank for 29 years. She lives in New London.

Carol Ryall, Pink Mermaid, 1313 Gold Star Highway, Groton, CT 06340

Phone: 860-865-0825

Email: ctpinkmermaid@yahoo.com

Website: www.pinkmermaidct.com


Carol is a BOC Certified Mastectomy Fitter at Pink Mermaid. She is rejoining the Network. Carol sold the company, Pink Mermaid, but the name remains the same and she is staying on as Manager.

Old world craftsmanship . . . timeless beauty.

A Beautiful Co.

Builders & Remodelers

Custom Design for
Commercial & Residential



Interior/Exterior
Kitchens & Baths - Home Additions
Garages & Out Buildings - Porches, Decks & Patios

(860) 437-3668
15 Shaw Street, New London, CT 06320
facebook.com/ABeautifulCo
abeautifulco.com



WE NEED YOU

We need you! Join the Public Relations Committee! Calling all Social Media gurus! Do you

have a strength in Instagram, Facebook, Twitter or LinkedIn? We need your help on the Public Relations Committee. We also need help with Press Releases, Chamber Updates, and interaction with other media outlets. Pick one and volunteer your assistance! Contact: Denise Howard bestwellnes4you@gmail.com.

Upcoming Events at Safe Futures

Spring – Power of Purple Luncheon

Thursday, April 26, 2018
Holiday Inn, Norwich

Light the Way Annual Event - TBA

Summer – Safe Futures Charity Golf Tournament

Thursday July 19, 2018
Great Neck Country Club,
Waterford

Fall – In honor of Domestic Violence Awareness Month
Safe Futures Power of Purple

4K Walk
October 2018

Crystal Mall, Waterford

Winter – Holiday giving program
November-December 2018

Featured Business at Cameo Table

Pamela Mower will be showcasing the Savings Institute at the April 18, 2018 luncheon. Please stop by the table to meet Pamela and learn more about the services offered, www.savingsinstitute.bank.



[Like us on Facebook](#)

Join and Post to the Network's New Facebook Group Page

One fairly untapped member benefit is the Network Facebook Group page. We encourage you to share your business and personal news on the Network Group page. Members must post their event or information on the Network Facebook Group page themselves. If you have questions about how to post, contact Denise Howard, Publicity Chair bestwellness4you@gmail.com.

Email information to Judy to be included in the upcoming newsletter, jwhite5506@sbcglobal.net.

Network Board Meeting Friday, April 13

The next Network Board Meeting is Friday, April 13, 8 am, at Chelsea Groton Bank, 904 Poquonnock Road, Groton, Connecticut. Attendees must be prompt for admittance, door is kept locked. All members are welcome to attend.

Copy Deadline is the 20th of the month to appear in the next month's issue. Email copy to Editor Judy Ricketts-White at jwhite5506@sbcglobal.net. The SECT Women's Network reserves the right to edit copy submitted for inclusion in the newsletter.

For more Network information and articles see our website: www.sectwomensnetwork.org

All Attendees: make reservations online for the Wednesday, April 18, 2018 luncheon at Langley's Restaurant, Great Neck Country Club in Waterford, CT at <https://sectwn.wildapricot.org/events> no later than 12 midnight, Sunday, April 15, Reservations are required.

Reservation no-shows and late cancellations will be billed.

**If you're looking
for a new bank**

Call Deb today!



Deb Tavernier
Gales Ferry Branch Manager
(800) 377-4424 x7060
dtavernier@putnambank.com
NMLS: 759529

Putnam Bank
TOGETHER WE MAKE A DIFFERENCE
(800) 377-4424 putnambank.com

PUTNAM • POMFRET CENTER
DANIELSON • PLAINFIELD • GRISWOLD
NORWICH • GALES FERRY

Member FDIC LENDER

*As a career woman, you are unique!
So, your insurance protection should be
matched to your needs.*



*Whether you are a business owner working
from your home or a small business owner in
your community, we can help you.*

Call SAVA Insurance.
*The results will help you protect
what you value the most!*

SAVA
Insurance Group

Call Today! 860-437-7282
www.savainsurance.com