

Southeastern Connecticut WOMEN'S NETWORK NEWS



Volume 33, Number 4, February 2020

Upcoming Programs

Amazing "Spread the Love" Program!



The "Spread the Love" program that began at the November Luncheon will culminate with drawings at the February "Bring a Friend" Luncheon.

Any member who brings a guest to any lunch in November, December, January or February will be entered into a drawing to win a free lunch. Those guests will be entered into a drawing to win a free membership and any new members joining during November, December, January or February will be entered to win a free newsletter ad!!!

Don't Miss Out — Bring a Friend to Lunch this Month!!!

N@N February 6 — Kerry Garofano and the CT Humane Society

Kerry Garofano and the CT Humane Society will host our next Network at Night and discuss Social Media Best Practices for business engagement, 6-8pm at 169 Old Colchester Rd, Quaker Hill, CT. Click to register, www.sectwomensnetwork.org/events



February 2020 Luncheon

Speed Networking Luncheon

Join us Wednesday, February 19, 11:30 am at Langley's Restaurant at Great Neck Country Club for our monthly luncheon meeting.

Bring lots of business cards and join us for fun with Speed Networking! This will be the culmination of our "Spread the Love" Program and the drawings for a free lunch, free membership and free ad will take place!!!

Don't Miss Out — Bring a Friend to Lunch this Month!!!

Click to register, www.sectwomensnetwork.org/events ■

Network attendees should arrive at **Langley's Restaurant** in Waterford at 11:30 am for registration and networking, lunch at 12 noon. The public is welcome. **Reservations are required.**

*Friendship
Month*



All attendees: please make your reservations or cancellations for the **February 19** luncheon online 24/7 **by 12 midnight, Sunday, February 16.** www.sectwomensnetwork.org/events

Cash or checks for **\$25** made out to the Women's Network will be collected at the door. **Reservations after 12 midnight on Sunday will pay \$30. Reservation no-shows and late cancellations will be billed.**

March 18 Luncheon

Lottie B. Scott — Civil Rights and Liberties Leader and Advocate

Lottie has been involved in Civil Rights and Civil Liberties as a Leader and Advocate for sixty years in Norwich and Connecticut. She worked for the Connecticut Commission on Human Rights and Opportunities (CHRO) for twenty-two years. She currently serves as Vice Chair of the Norwich Race Equity Committee



and on the City of Norwich Sachem Fund. In 2017, she received the Willard M. McRae Community Diversity Award and a Writer's Block Ink Humanitarian ACE Award.

Click to register, www.sectwomensnetwork.org/events

May 20 Luncheon Denise Nappier — Former Treasurer of the State of Connecticut

Denise Nappier was the 82nd Treasurer of the State of Connecticut and retired last year after 20

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Upcoming Programs...

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years. She was elected in 1998 and was re-elected to four consecutive terms. She oversaw \$65 billion in state funds. Denise was the first African American woman to hold this position.

Click to register, www.sectwomensnetwork.org/events

Members on the Move

Nancy D. Butler, CFP®, CDFA®, CLTC®, owner of Above All Else, Success in Life and Business®, was recently honored to be appointed for the third year in a row as a delegate to The United Nations for The Commission on The Status of Women. Nancy will attend sessions at the UN in March 2020 with approximately 10,000 women from all over the world coming together to share challenges and solutions to overcome them. With over 30 years of experience as a successful entrepreneur, Nancy, a national professional motivational speaker and award-winning author, will use the information she learns to educate businesses and individuals on important issues. To learn more view www.aboveallesle.org

Laurie Warshavsky, formerly of William Raveis Real Estate, has recently opened her own real estate brokerage, LJ Shoreline Realty. Based out of Niantic, LJ Shoreline will serve clients along the CT shoreline.

She can be reached at 860-205-6321 or laurie@ljshoreline.com

President's Message

A Fun-Packed February!

Hello Everyone!

Happy Groundhog Day! Happy Valentine's/Friendship Day! Happy Presidents Day! Happy Galentine's Day!

I hope that you enjoyed our January luncheon and are using some of Steve's ideas to improve your LinkedIn connections.

As you may already know, this year marks the 100th Anniversary of the passage of the 19th Amendment, guaranteeing women's right to vote. 1920 was a monumental year for women.

On February 14, 1920, the League of Women Voters was founded by Carrie Chapman Catt 003 at the Victory Convention of the National American Woman Suffrage Association in Chicago, Illinois. At this point, 33 states had ratified the suffrage amendment, but they still needed three more states to ratify it.

We as women have come so far, and we still must keep moving forward toward equity for all women of all ethnicities. That's why it is so important for us as women to support and appreciate each other. "When women help each other, incredible things happen" (*unknown*).

Galentine's Day, February 13th, was a fake holiday created on the show "Parks and Rec" in 2010. Since then it has become very popular, with women taking the time to appreciate the women in their lives. It's such a great idea for a holiday! On that note, I'd like to say that I appreciate all of you, and I am so grateful for those members joining committees to help us make our Network even better!

We have some fun events coming up this month! We start the month strong with our Network at Night at the CT Humane Society in Quaker Hill. This will be a great night of networking, along with a brief presentation about "Social Media Best Practices". And - we will also get to see the wonderful animals and learn more about the amazing work done by the CT Humane Society.

February is our Speed Networking Luncheon, which is always a very popular and fun event.

I hope to see you at our next event!

Have a great month and enjoy "Galentine's Day" with your gal pals!

Here's to a GREAT New Year!

Denise Howard
President

Spotlight Article

Leah Goldenthal — Financial Advisor

"Make friends with change."

Thank you again to those who have welcomed me so far to this wonderful Network. I recently joined, and I'm looking forward to getting to know everyone. My article started with a quote that essentially summarizes my approach and mindset: "Make friends with change." Despite some difficult times, I'm grateful for what changed me, and I try my best to



learn from the past.

I relocated back to Connecticut, after living in Boston for 16 years, including 4 years at Boston College. My career was at a marketing agency working with large brands. I'm thankful for that time, but I decided I wanted a role helping others on a more personal level. I became a Financial Advisor at Stifel in Mystic. Stifel is a full-service wealth management firm with a great history, and my father, Soll Goldenthal, is my teammate. My dad has been an advisor for over 35 years (after making his own career switch). I've always been proud of everything he does for people, and it's a unique opportunity to leverage his

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Leah Goldenthal...from page 2
expertise within our work.

I learned countless lessons during my ad agency years. I share in hopes of encouraging anyone to adjust choices sooner if needed. Like so many others, I was putting my former job before myself. It eventually led to a health development that mostly involved chronic stress, autoimmune conditions, and surgeries. After experiencing despair that I wouldn't wish on anyone, I chose to be open to many changes. I continue to put worthwhile effort into living healthfully, and I can focus on our business and enjoy a balance outside of work.

As financial advisors, we are there to celebrate adventures and milestones. We are also there for others during some of their toughest moments. It's so valuable to be kind and empathetic. You never know what someone may be going through. This second career became a significant addition to how I try to give back.

Ultimately, the biggest lesson I learned was to actually listen to myself. We often tolerate less than what we deserve. In relationships, friendships, jobs – the list goes on. My experiences helped me reprioritize. It's far from perfect in my personal life, as I know I still sometimes tolerate things I shouldn't. But being open to change is why I'm here, fortunate to have the professional opportunity to partner with amazing individuals, families, and businesses on their needs and goals.

You are able to see more about our team and our firm at goldenthal-investmentgroup.com and stifel.com. We can be reached at leah.goldenthal@stifel.com, 38 East Main Street in Mystic, CT 06355.

Article provided by Leah Goldenthal, a Financial Advisor with Stifel, Nicolaus & Company, Incorporated, member SIPC and New York Stock Exchange, who can be contacted in the Mystic office at (860) 440-3373. ■

WE Want YOU!

We Need Your Help! Join the Luncheon Committee! What is it? It is a great way to finally "put a name with the face!" We are the people who sit at the front table checking luncheon registrations. If we have enough people, you would only need to help at the front table every few months. Will you accept the challenge? Put a name to that face and meet more Network members! Please reach out to Kate Bellandese or any board member if you would like to join the Luncheon Committee. Thank you!



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New! Table-Top Advertising at the Monthly Luncheons

Table-Top advertising at luncheons is now available. \$50 will purchase a full-color 3.5" wide x 4" high ad on the luncheon tables for one year! Only a couple spots left! For information contact Judy at jwhite5506@sbcglobal.net.

Network @ Night Looking for Hosts/Sponsors

We are looking for members (or their businesses) who would like to host or sponsor a Network @ Night evening after-hours networking event.

Hosting or sponsoring is a great way to let members and guests learn more about your products and services.

For more information contact Denise Howard at bestwellness4you@gmail.com.

*Members Enter to Win Free Advertising

The drawing basket for free advertising will be placed at the registration table. **Members only** may place their business card in the basket for a chance to win free advertising. Attend a luncheon and enter to win!

Must be present to win.

Featured Business at Cameo Table

Lisa Giordano will be showcasing Emerson Theater Collaborative at the February 19th luncheon. Please stop by the table to meet Lisa and learn more about ETC. Visit the website at www.emersontheatercollaborative.org.

Safe Futures – Giving Basket

A purple basket will be available at the monthly luncheons to donate much-needed items for Safe Futures and their residents. Please donate cleaning supplies...or any item listed on their wish list. Click on link to view their entire wish list. <https://www.safefuturesct.org/giving/our-wish-list>

Thank you for your generosity!

January Drawings

Jan Mallett won the article in *The Resident* newspaper. Susan Baroni-Schaeffer won the Spotlight Article in our *Network News*.

Lisa Giordano won the Cameo Table at the February 19th luncheon.

Email information to Judy Ricketts-White to be included in the upcoming newsletter, jwhite5506@sbcglobal.net.



[Like us on Facebook](#)

Join and Post to the Network's New Facebook Group Page

One fairly untapped member benefit is the Network Facebook Group page. We encourage you to share your business and personal news on the Network Group page. Members must post their event or information on the Network Facebook Group page themselves. If you have questions about how to post, contact Denise Howard, Publicity Chair bestwellness4you@gmail.com.

For more Network information and articles see our website: www.sectwomensnetwork.org

Copy Deadline is the 20th of the month to appear in the next month's issue. Email copy to Editor Judy Ricketts-White at jwhite5506@sbcglobal.net. The SECT Women's Network reserves the right to edit copy submitted for inclusion in the newsletter.

Network Board Meeting Friday, February 14

The next Network Board Meeting is Friday, February 14, 8 am, at 914 Hartford Tpke, Waterford, CT. All members are welcome to attend.

All Attendees: make reservations online for the Wednesday, February 19, 2019 luncheon at Langley's Restaurant, Great Neck Country Club in Waterford, CT at

www.sectwomensnetwork.org/events
no later than 12 midnight, Sunday, February 16, Reservations are required.

Reservation no-shows and late cancellations will be billed.