

Southeastern Connecticut WOMEN'S NETWORK NEWS



Volume 34, Number 4, February 2021

FEBRUARY 2021 EVENTS LIST

- February 5, 6pm - Virtual N@N Mixology 101 - with Teresa Jolly
- February 8, Monday, 1-2:30 pm - Mastermind Group Virtual Meeting
- February 17, Wednesday, 11:30-1:30 pm - Zoom Luncheon Meeting - Zooming Through 2020: a humorous look at the challenges and gifts 2020 gave us. February is also Friendship Month See info on pages 1-2.
- February 25, Network@Night Media Class Series, 6pm — Using Canva with Judy Jencks
- March 17, Wednesday, 11:30-1:30 pm - Zoom Brown-Bag Luncheon Meeting - Influencing the World for Women - with Nancy Butler See info on page 2.

Descriptions in this newsletter. Click link below to read, register or add to your calendar. [www.sectwomensnetwork.org/events](https://sectwomensnetwork.org/events)

N@N, February 5, 2021, 6pm, Mixology 101, with Teresa Jolly, via Zoom

Mixology, February 5, 2021, 6pm, \$10. Learn how to make the standard cosmopolitan and a cinnamon maple whiskey sour. Click for more info and ingredients. <https://sectwomensnetwork.org/event-4105843>

February, Zoom Brown-Bag Luncheon Meeting

Zooming Through 2020: A Humorous Look at the Challenges and Gifts 2020 Gave Us - with Raylene Taskoski

Join Us Wednesday, February 17, 2021 at 11:30 am for our monthly Luncheon Zoom meeting, \$10.

From day 1 of 2020 through today, Raylene presents a humorous review of the ups and downs, and challenges and gifts that 2020 presented, and leaves space for a "what did you gain from 2020" wrap up. Ray-



lene Taskoski is a speaker, comedian, podcaster, and a direct sales consultant. She's also a wife,

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Click below to read more, add event to your calendar or register.

<https://sectwomensnetwork.org/event-4125666>

Zoom Network Mastermind Meeting Scheduled - Monday, February 8 at 1pm

Network Mastermind groups have been meeting via Zoom throughout this year. Mastermind is a great way to get to know Network members better and build relationships and connections. If you would like to attend the next meeting on **Monday, February 8 at 1pm** Click and please register. <https://sectwomensnetwork.org/event-4142341>

Network@Night, February 25, 6pm, Media Class Series - Using Canva with Judy Jencks

Network @ Night: Via Zoom, February 25, 6 pm, \$5 - Media Class Series: Using Canva with Judy Jencks.

During this event you will sign up for a personal free Canva account and then be guided through creation of your first social media post. Click for more info. <https://sectwomensnetwork.org/event-4075358>

Raylene Taskoski...and Friendship Month...from page 1

mother, a Grammy, a winery enthusiast, and a beekeeper. She had an after-school detention for talking every single day for 3 years, the ultimate foreshadow.

February is also Friendship Month. Bring a friend to this event and be entered to win a ticket to a future paid event. We can all use a little more friendship and laughter in our day!!!

You will receive the link for this event in the confirmation email after you register and pay.

<https://sectwomensnetwork.org/event-4125666>

Zoom Brown Bag Luncheon – Influencing the World for Women – with Nancy D. Butler March 17, 11:30 am

Join Us, March 17, 2021 at 11:30 am, for our monthly virtual Brown Bag Luncheon, \$10.



Nancy D. Butler is an international speaker, award-winning author and a delegate to the United Nations Commission on the Status of Women (CSW) for 2018, 2019 and 2020.

Her recommendation was submitted by Soroptimist International (SI), a worldwide women’s organization she has been a part of for over 35 years. SI has over 100,000 members in 120 countries.

CSW brings together approximately 10,000 women from around the world to share their challenges, solutions to overcome them and make recommendations to the UN.

Nancy attended sessions on human traffick-

<https://sectwomensnetwork.org/event-4148685>

President’s Message

Happy Valentine’s Day! It’s Friendship Month!

Hello Friends!

I am looking forward with great anticipation for when we can all see each other in person again.

Until then, we have some great events lined up for this month! First, we kick off the month with a N@N Mixology 101 on February 5. Grab your ingredients and join us as a mixologist walks us through making some festive drinks, just in time for Valentines/Galentines (Feb 14/13 - <https://youtu.be/N1ikySurAP0>) Day!

Moving on from there, get ready for some humor! It’s Friendship Month. Share the fun and laughter! Bring a friend to the February 17 luncheon to experience Raylene Taskoski and “Zooming Through 2020: A Humorous Look at the Challenges and Gifts 2020 Gave Us,” and you will be entered to win a ticket to your next paid event!

Raylene is hilarious and has had some great reviews from those who have seen her show. See some of the reviews here: <https://www.facebook.com/SpeakerRaylene/reviews/>. See a clip of her stand-up comedy here:



<https://youtu.be/AkPRuKYr3w>.

Jump into the New Year and kick start your business with some Canva art to add some excitement to your social media! Join us on February 25th for Canva 101 as you learn about Canva and create your own social media post!

Keep your New Year’s resolutions by joining our monthly Mastermind group to set goals and grow your business.

I am excited about our events in February and the rest of the year and I am looking forward to celebrating our 45th Anniversary!

I am reaching out to you, our members. Our group has an incredible wealth of talent and expertise that could benefit our Network. Please consider joining a committee and contributing some of your talent to our wonderful group. Help us make your Network even better for our members!

Have a Great Month!

Denise Howard
President

ing, child marriage, terrorism, micro insurance and many more. She will share her experience with us and some of the issues and solutions being implemented around the world.

Due to Covid, the March 17-26 CSW session for 2021 will be virtual and many of them are

Click link to read more...

MASTERING WELLNESS 2021

**3 Masters • 1 Session
90 Minutes of Pure Power**

FEBRUARY 23rd

\$29

SPECIAL OFFER!

SPEAKER MASTERY SERIES

ALWAYS EXPECT THE *Unexpected*

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Members on the Move

Kathleen O'Beirne is sharing – Community Coalition for Children is pleased to announce their **2020-2021 Intergenerational Conference**.

RAISE YOUR CONVERSATIONS

How to communicate more effectively with yourself and others –

Now more than ever, we recognize the need for strategies to help us communicate through differences of opinion and can appreciate the value of healthy conversations with those whose life experiences may be different from our own.

Our conference will explore effective communication strategies that begin with healthy thoughts and behaviors. Attendees will learn practical, actionable, in-the-moment skills to help strengthen their communication skills in any situation – leading to more productive conversations and better relationships.

While things will look a bit different this year as we cannot gather in person, we are excited to host a three-part virtual experience that welcomes teachers, middle school, high school and college students, as well as educators, parents, and others who work with children to attend live sessions on Zoom.

This Conference is free and open to CCC partner organizations and friends. Attend one session or attend all three!

Please mark your calendar and visit the [CCC website](#) for more information and registration details. Registration is required.

Session I: Thursday, February 4, 6:30-7:30PM
Solo Work: Accepting Responsibility for Your Words & Behaviors

Session II: Thursday, February 18, 6:30-7:30PM
Timing is Everything: Navigating Emotional Conversations & Situations

Session III: Thursday, March 4, 6:30-7:30PM
Effortless Communication: Saying What You Want & Responding to Others' Weak Words

Please like and follow us on Facebook and Instagram as a way to stay connected and share our events and initiatives with your networks.

We look forward to your participation and thank you for your continued support as we continue to create, sponsor, and endorse educational and social programs designed to help children thrive!

Nancy Butler announces that she will be speaking at **Conference 21**.

2020 was a crazy year for sure. And if you are an entrepreneur or if you are a small business owner, you may be going through unique challenges right now.

To help you to attack 2021 with a strong start we are having "**Conference 21**." This conference is a positive environment to help entrepreneurs prepare for the upcoming year.

I will be one of over 30 speakers that will cover a wide array of topics.

My topic is **Time Management**. I will provide a proven system for you to take control of your time and your work-life balance.

Regardless of the topics you choose to embrace, you are sure to come away with specific ideas you can implement to make 2021 a really great year.

This two-day virtual event costs only \$21 per person for the entire two days, plus networking opportunities in February.

I hope to see you there!

Click the link to learn more and register. Scroll all the way to the bottom of the page.

<https://aboveallemse.krtra.com/t/Ry35IHcYdaXc>

For questions e-mail Nancy Butler at nbutler@aboveallemse.org

The SECT Women's Network provides great value to its members!

As a Network member you may:

- **Take advantage** of the dynamic speaker program at all events that provides valuable information, networking and entertainment.
- **Choose** to attend Network Mastermind Group meetings – be mentored and mentor others.
- **Receive** our monthly newsletter.
- **Be listed** in the Network Directory and gain "Featured Member" exposure.
- **Increase** business with affordable advertising and marketing opportunities.
- **Connect** with others on a personal and business level and form mentoring relationships.
- **Gain** professional skills and leadership experience...and much more!



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Member Benefits

...from page 3

- **Give back** to the community through supporting Safe Futures with donations of food and gifts for use by residents of both the Genesis House Women's Shelter and Phoenix House transitional housing.
- **Support** our student scholarship program. The Network awards annual scholarships to students needing financial assistance to continue their education and has helped students from each of the three local public colleges/universities: The University of Connecticut at Avery Point, Three Rivers Community College, and Eastern Connecticut State University.
- **Get involved** by volunteering on a committee and help to create the Network of the future. The Network needs your talents.

How Can We Help Each Other?

During this first-ever "work from home" and "stay home" virus crisis, what can we do to help each other? As SECT Women's Network members, it's in our motto to help each other — "For Powerful, Professional and Personal Relationships."

Here are just a few examples — we can be creative and think of at least a hundred more ways. Members who have lots of time on their hands can offer to grocery shop for

members who shouldn't go out at all. Those who have been furloughed can offer help to essential workers who now have children at home. Those who are now working from home can offer free phone consultations in their area of expertise.

Members who need help, **please reach out** to your Network friends and ask them to lend you a hand. Use our online directories for phone numbers and emails. Members can also post on our **Facebook Group** page to offer help and ask for help, [click here](#). We are here to help each other! ■

Please Remember to Patronize Our Members' Small Businesses and Other Local Businesses

The last nine months have been a particularly difficult time for our local small businesses. Many of these may never be able to recover and will be forced to close forever, so **please** remember to patronize our local businesses: shops, restaurants, services, organizations, hair salons, garden centers and farmers markets, as soon as they open back up! The large chain stores will survive — **the small businesses need our help!**

Grow Your Business with Network Advertising SPECIAL OFFER!!!

Buy 1 year, get 3 months Free (15 months total)

Take this opportunity to **boost your business as restrictions and the economy open up.**

Online advertising is worth more than ever now that people are purchasing online constantly. **Use this Special Offer to "Grow Your Business Now!"**

Rates are a Great Value for newsletter ads and website ads. All ad rates listed are for one year (includes 3 Free additional months).

Newsletter advertising: \$100 small ad and \$200 large ad.

Website advertising: \$275 small side ad or a bottom banner; \$550 for a large side ad.

Package deals will still be offered when purchasing multi-media ads (i.e. newsletter & website) = 20% off.

All ads and package deals must be prepaid.

Members can login to view and/or purchase ads: www.sectwomensnetwork.org/events

Nutmeg Building & Remodeling, LLC

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www.NutmegBuildingRemodeling.com

WE Want YOU!

We Need Your Help! Join a committee! Committees are a great way to finally “put a name with the face!” Committees and positions include Videographer, Public Relations, Social Media, Programming, Sales and Marketing, Membership, Community Outreach, Master Class Series, Facebook, Instagram, LinkedIn and YouTube. Will you accept the challenge? Please reach out to any board member if you would like to join a committee. Committees are currently meeting virtually and we want to be ready when we start meeting again in person. Thank you!



Email information to Judy Ricketts-White to be included in the upcoming newsletter, jwhite5506@sbcglobal.net.

Copy Deadline is the 20th of the month to appear in the next month's issue. Email copy to Editor Judy Ricketts-White at jwhite5506@sbcglobal.net. The SECT Women's Network reserves the right to edit copy submitted for inclusion in the newsletter.

For more Network information and articles see our website: www.sectwomensnetwork.org

During this Time, Keep Safe Futures in Mind

Please go online to see if you can help Safe Futures and their residents. Please donate cleaning supplies...or any item listed on their wish list. Click on link to view their entire wish list. <https://safefuturesct.org/giving-your-things/>

Thank you for your generosity!

*Important Network Notice!

The updated printable online membership directory is now available. Please keep your membership current to take advantage of this benefit and be even more visible to the public.

 [Like us on Facebook](#)

Join and Post to the Network's New Facebook Group Page

One fairly untapped member benefit is the Network Facebook Group page. We encourage you to share your business and personal news on the Network Group page. Members must post their event or information on the Network Facebook Group page themselves. If you have questions about how to post, contact Denise Howard, Publicity Chair bestwellness4you@gmail.com.

Network Board Meeting Friday, February 12

The next Network Board Meeting is Friday, February 12, 8 am, via Zoom.com. All members are welcome to attend.

Virtual Event
Zooming Through 2020: A Humorous Look at the Challenges and Gifts 2020 Gave Us – Raylene Taskoski
Wednesday, February 17, 2021
“Brown Bag” Luncheon at 11:30am, via Zoom
Link will be emailed to you after registration and payment.
[Click to register](https://sectwomensnetwork.org/event-4125666)
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